

## Northeast Region OSR Questionnaire 2018

### Wellness: Mental Health Resources

N = 20

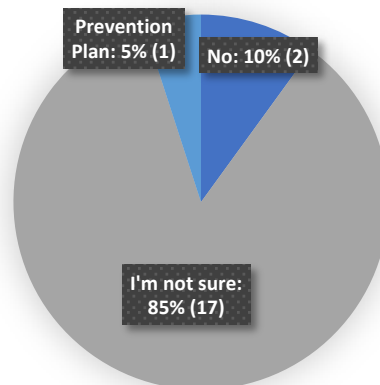
Albany Medical College	New York Medical College
Columbia University College of Physicians and Surgeons	NYU School of Medicine
Cooper Medical School of Rowan University	Perelman School of Medicine at University of Pennsylvania
Donald and Barbara Zucker School of Medicine at Hofstra/Northwell	Rutgers New Jersey Medical School
Drexel University College of Medicine	Sidney Kimmel Medical College/Jefferson
Frank H Netter MD SOM at Quinnipiac University	Temple School of Medicine
Geisel School of Medicine at Dartmouth	UMass School of Medicine
Geisinger Commonwealth School of Medicine	Uniformed Services University of Health Sciences
Jacobs School of Medicine at Buffalo	University of Pittsburgh School of Medicine
Johns Hopkins School of Medicine	University of Rochester School of Medicine

#### Summary

- Most NEOSRs are unsure of their schools' suicide response or prevention plans
- Only 3% of schools DO NOT provide mental health professional services
- 89% of schools offer these professional services free of charge to the student

#### Mental Health Resources

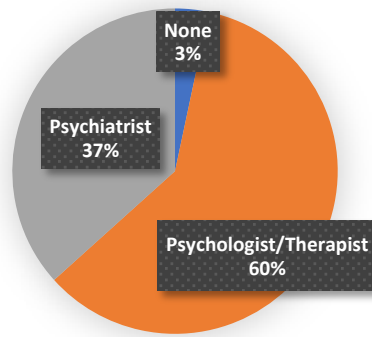
1. Does your school have a suicide response or prevention plan?



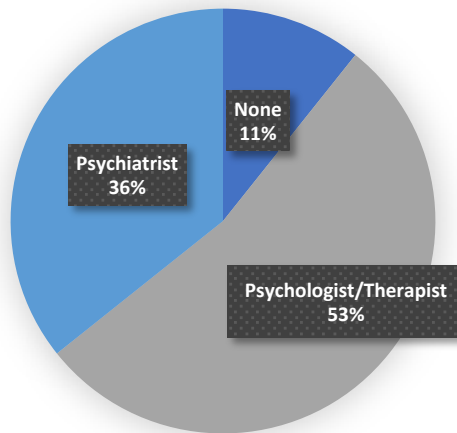
2. If yes, what does that plan consist of?

- a. "Mandatory in-person trainings focusing on the signs of depression and suicidality, what to do if you're worried about a colleague, how to do a "warm hand-off," points of contact, etc."
- b. "This is an OSR initiative for this year"

3. Does your school have psychologist/therapist or psychiatrist services available for students? (Check all that apply)



4. Which of these resources are free to students? (Check all that apply)



5. Are the mental health services on-campus or with an off-campus group?
- Off-campus: 8
    - “Occasionally with big events, they will call in counselors that come in and are available for talk - if a referral is needed it is done through student health”
  - On-campus: 18
    - “I believe all schools have to have these services for LCME. "free" gets into a copayment vs. is it included in tuition and if so what services are included in tuition and what is an additional cost”