

19:09:30 Thank you, Mytien!

19:10:00 Reacted to "Thank you, Mytien!" with ❤️

19:14:39 this is huge! already hearing how it has improved care for our patients and training for my classmates.

19:16:07 WOW, talk about some rapid and powerful changes

19:16:48 Thank you for sharing, Shane!

19:22:11 What does collecting data look like without institutional support - IRB and whatnot?

19:25:01 University School of Medicine : Thanks, Rom! That was really interesting, esp with AZ politics

19:25:47 As a fellow non-physician Medical Education person, happy to have you on here
Noreena!

19:33:44 Thank you for sharing that, Noreena!

19:39:56 That was so great, thanks Tracey!

19:43:38 @Harrison- we will have small groups after the panel discussion and you will be able to choose a breakout room at that point

19:43:56 Replying to "@Harrison- we will h..."

Thank you!

19:56:05 I am struggling with shifting my advocacy mindset, from nihilistic anger to the passive fatalism that is seeming to be expressed commonly by a lot of the panelists, did any of you feel this? When did the change happen for you? How did it happen?

20:00:00 Reacted to "I am struggling with..." with ❤️

20:00:05 Yes, the student voice is powerful, Mytien!

20:00:39 Replying to "I am struggling with..."

great question, Charlie!

20:04:48 There is an awesome article by Leo Einstein, 'To Fight Burnout, Organize,' which is a perspective piece that I highly recommend reading.

20:05:36 Reacted to "There is an awesome ..." with ❤️

20:05:57 thanks for that rec!

20:06:08 Reacted to "There is an awesome ..." with ❤️

20:06:13 Reacted to "Eisentein 2018 to fight burnout (1).pdf" with ❤️

20:06:21 Reacted to "Eisentein 2018 to fight burnout (1).pdf" with ❤️

20:07:32 Reacted to "Eisentein 2018 to fight burnout (1).pdf" with ❤️

20:07:42 Reacted to "Eisentein 2018 to fight burnout (1).pdf" with ❤️

20:08:24 Reacted to "Eisentein 2018 to fight burnout (1).pdf" with ❤️

20:09:37 YES burnout is a systems issue. So often that gets forgotten, thanks for bringing that up

20:09:55 Reacted to "YES burnout is a sys..." with ❤️

20:12:22 That's brilliant!

20:12:51 Dean Heinrich from NJMS keeps reminding about "putting the day job first"

20:13:04 Reacted to "Dean Heinrich from N..." with ❤️

20:14:25 Reacted to "Dean Heinrich from N..." with 👍

20:16:22 one of my mentors used to say if it was built, it can be changed

20:17:29 Breakout rooms:1. Advocacy 101: Getting started with advocacy as a medical student and finding your organizing community (Mytien Nguyen)

2. Advocacy as a Resident: Unique opportunities and challenges to advocacy as a trainee (Shane Solger, Rombod Rahimian)

3. Advocacy in Practice: Building a career anchored in advocacy (Noreena Lewis)

4. Advocating for advocacy: Building advocacy into our curricula and training (Tracey Henry)