

# **SOAP® Week Basics**

Learn

Serve

Lead

**GSA Community Call** February 16, 2023



# Agenda

- Introductions
- SOAP® Week Timeline
- Resources & Partners
- Strategies & Dilemmas
- Open Discussion



#### Introductions

Hilit Mechaber, MD

Sr. Assoc Dean for Student Affairs, University of Miami Miller School of Medicine

- Michele Oesterheld, MBA
  - Director, ERAS
- Mary Halicki

Director, Careers in Medicine

Joshua Hanson, MD, MPH, MBA

Associate Dean for Student Affairs, UT Health San Antonio Long School of Medicine



## Housekeeping

 We will monitor the chat, please hold questions until the open discussion.



#### **Objectives**

- Following this presentations participants will be able to:
- Describe the basics of SOAP®
- Describes the use of the MyERAS application and Careers in Medicine during SOAP®™
- Construct local strategies to advise their students during the week



# SOAP® TIMELINE



#### **Monday**

ET	СТ	MT	PT	HT	
9:30 AM	8:30 AM	7:30 AM	6:30 AM	3:30 AM	School officials find out who their unmatched applicants are.
10:00 AM	9:00 AM	8:00 AM	7:00 AM	4:00 AM	Applicants learn if they matched. Programs learn if they filled. Schools receive list of unfilled programs
11:00 AM	10:00 AM	9:00 AM	8:00 AM	5:00 AM	AAMC ERAS opens MyERAS for SOAP applicants

Please note SOAP® is a registered trademark of the NRMP



# Tuesday

8:00 AM	7:00 AM	6:00 AM	5:00 AM	2:00 AM	Program Directors can begin reviewing SOAP applications
11:30 AM	10:30 AM	9:30 AM	8:30 AM	5:30 AM	Programs may begin creating creating SOAP preference lists in the R3 system



#### Wednesday

All Day

Programs may conduct interviews and create preferences



# **Thursday**

9:00 AM	8:00 AM	7:00 AM	6:00 AM	3:00 AM	Round 1 offers (2 hour window to accept)
12:00 PM	11:00 AM	10:00 AM	9:00 AM	6:00 AM	Round 2 offers (2 hour window to accept)
3:00 PM	2:00 PM	1:00 PM	12:00 PM	9:00 AM	Round 3 offers (2 hour window to accept)
6:00 PM	5:00 PM	4:00 PM	3:00 PM	12:00 PM	Round 4 offers (2 hour window to accept)



# SOAP® RESOURCES



#### Resources

- SOAP® Listserv not the GSA listserv
- CiM resources
- The ERAS Program in SOAP®
- Regional Office Hours
  - NEGSA week of Feb 20
  - WGSA week of Feb 27
  - SGSA week of Mar 6
  - CGSA TBD



#### **SOAP® Listserv Details**

- Registration opens after ROL deadline on Thursday, March 2, detailed instructions will be provided by the NRMP®
- Listserv becomes active on Monday, March 13 at 9 a.m. ET
- Monitored by both the NRMP® and The ERAS program staff
- Listserv designed for residency program staff, medical school staff, and institutional officials



# The ERAS program SOAP® Information



## The ERAS Program Resources

	Resources		Webinars		Communications
	and NRMP <sup>®</sup> SOAP <sup>®</sup> e for Applicants	•	SOAP® 101 Webinar for Applicant – <b>Tuesday,</b> <b>March 7</b>	•	NRMP® Listserv  Email Communications
	and NRMP® SOAP® G for Programs	•	Using the PDWS during SOAP® Webinar –		started on <b>Wednesday</b> , <b>February 8</b>
• ERAS for SO	Applicant Checklist OAP®		Friday, March 3	•	Social Media (Twitter) started on Wednesday, February 8
• ERAS FAQs	Applicant SOAP®				

#### 2023 Match Week and SOAP® Schedule

- Monday, March 13 Friday, March 17
- Applicants can submit a total of 45 application
- Reminder about Program Signal use during SOAP®



# Requirements in MyERAS during SOAP®

#### In order to apply to programs in ERAS during SOAP®:

- □ Applicants must be SOAP®-eligible (eligibility is determined by NRMP).
  - Applicants may refer to the NRMP Registration, Ranking, and Results (R3) system for their match status.
- ☐ The MyERAS Application must be Certified & Submitted
  - For those who submitted an application during ERAS 2023, this step is complete.
  - For those who did not complete this as part of the regular ERAS 2023 season, go to the MyERAS application and certify and submit prior to Match week.



#### **ERAS SOAP® Information**



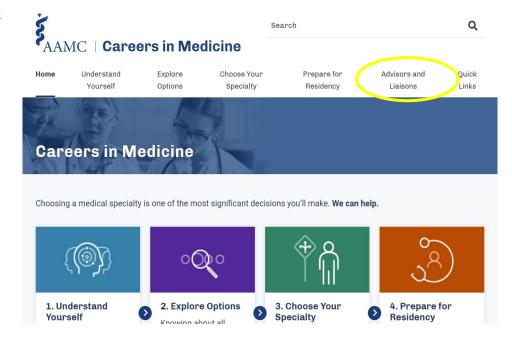
- SOAP® 2023 ERAS Schedule
- Pre-SOAP® Tasks
- SOAP® Resources
- ERAS Fees During SOAP®
- Once SOAP® begins
- ERAS Fees Post SOAP®
- After SOAP® concludes



#### **Careers in Medicine Resources**

careersinmedicine.aamc.org

- Match Risk Assessment Toolkit\*
  - https://careersinmedicine.aamc.org/advisors-liaisons/residency-match-risk-assessment-toolkit
- Checklist: Preparing for and
- Managing SOAP®\*
  - https://careersinmedicine.aamc.org/media/3871/download
- Checklist: At-Risk Students\*
  - https://careersinmedicine.aamc.org/media/2376/download
- Checklist: Unmatched
- Students\*
  - https://careersinmedicine.aamc.org/media/2381/download
- FIRST fact Sheet: If you Don't Match: Steps to Manage Student Loans
  - <a href="https://students-residents.aamc.org/understanding-application-process/if-you-don-t-match-steps-manage-student-loans">https://students-residents.aamc.org/understanding-application-process/if-you-don-t-match-steps-manage-student-loans</a>
- \*Sign-in required





#### Resources

- Calendar in detail: <a href="https://www.nrmp.org/wp-content/uploads/2022/08/2023-Match-Week-and-SOAP®-Schedule-FINAL-Printable.pdf">https://www.nrmp.org/wp-content/uploads/2022/08/2023-Match-Week-and-SOAP®-Schedule-FINAL-Printable.pdf</a>
- Support guides
  - For Applicants: <a href="https://www.nrmp.org/wp-content/uploads/2023/02/2023-NRMP-ERAS-SOAP®-Programs-Guide\_FINAL.pdf">https://www.nrmp.org/wp-content/uploads/2023/02/2023-NRMP-ERAS-SOAP®-Programs-Guide\_FINAL.pdf</a>
  - View & Respond to Offers: <a href="https://www.nrmp.org/wp-content/uploads/2021/08/SOAP®\_View\_Respond\_to\_Offers\_MRM-App.pdf">https://www.nrmp.org/wp-content/uploads/2021/08/SOAP®\_View\_Respond\_to\_Offers\_MRM-App.pdf</a>
- from AAMC GSA resources <a href="https://www.aamc.org/professional-development/affinity-groups/gsa/resources/student-affairs">https://www.aamc.org/professional-development/affinity-groups/gsa/resources/student-affairs</a>



# SOAP® STRATEGIES



# **Strategies**

Use all 45 applications at the beginning

Complete by Tuesday morning

Spread chances among programs, specialties, and geography

Focus on completing the application within SOAP® before reviewing what occurred

Integrate specialty advisor or faculty mentors

Addenda to personal statements may help



# **Strategies**

Next best option depends on applicant characteristics and desires

Generally best for an applicant to consider a pathway to full practice

May consider preliminary years

Geography does help due to familiarity

Remember programs initiate contact first

Prepare students for a full day of rapid fire interviews



#### **Dilemmas**

Group versus individual advising

Sticking with the specialty versus changing

Prelim positions versus categorical positions

Unique situations (partial matches)



#### Faculty advisors

Specialty advisors

#### **Partners**

Student counseling center

Peers

Family

