**Presenting Situation and**

**Instructions**

**JOHN DALTON**

You have **20 minutes** to:

1. Take a **FOCUSED** relevant history. **Assume past medical history, family history, and medications/allergies are up-to-date.**
2. Inform the patient of the need to perform a pubertal exam prior to starting gender-affirming hormones and sensitively prepare them for the exam but **DO NOT perform an exam.** You will be provided pertinent exam results.
3. Provide patient with relevant counseling regarding gender-affirming medications.
4. Please keep in mind that that the clinical vignette video viewed before the standardized patient session features a younger patient and a parent. For this older adolescent, also keep in mind that this visit is only with the youth and that confidentiality issues are different with older adolescents.

John Dalton is a 16 year-old birth-assigned male who is coming to clinic today with a reported chief complaint of “confidential.” He has only been seen in your clinic once as he transferred to your adolescent medicine practice from a general pediatrics practice 6 months ago. A quick chart review reveals that he was seen by an adolescent medicine fellow during the last visit. His history was unremarkable except for him questioning his sexuality and possibly being attracted to both females and males; he had also experienced some verbal bullying at school with classmates mocking him for being effeminate. The clinic’s social worker reached out to his high school to arrange him checking in with a school counselor.

 Vital Signs: Weight and Height-50%tile, tracking with his traditional curves

 Heart rate: 67

 Blood pressure: 100/65

 Past Medical History: Exercised-induced asthma

 Family History: Mother-atopic dermatitis

 Father-asthma

 Medications: Albuterol 2 puffs before exercise

 Allergies: No known drug allergies