Welcome!
Thank you for joining us for today’s webinar. The program will begin shortly. You will not hear the audio until we begin.

If you have technical questions, please email aamc@commpartners.com.
Group on Faculty Affairs (GFA) Business Meeting, Award Celebration, and Townhall

GFA Steering Committee

Wednesday, July 14, 2021
2:00 – 3:30 PM ET
GFA Agenda

- Welcome and Remarks
- GFA Steering Committee Updates
- Recognizing Outgoing and Incoming GFA Committee Members
- 2021 GFA Carole J. Bland Phronesis Award Recipient
- GFA Townhall: The Intersectionality of Burnout and the Pandemic (and Effects on Academic Medicine Faculty and Staff)
- Closing
10 Plans for Action

No. 1
Strengthen the Medical Education Continuum for Transformed Health Care and Learning Environments

No. 2
Extend the AAMC's Leadership Role in Helping Students Progress Through Their Medical Professional

No. 3
Equip Medical Schools and Teaching Hospitals and Health Systems to Become More Inclusive, Equitable Organizations

No. 4
Increase Significantly the Number of Diverse Medical School Applicants and Matriculants

No. 5
Strengthen the Nation's Commitment to Medical Research and the Research Community

No. 6
Enhance the Skills and Capacity of People in Academic Medicine

No. 7
Improve Access to Health Care for All

No. 8
Advance Knowledge Through the AAMC Research and Action Institute

No. 9
Launch the AAMC as a National Leader in Health Equity and Health Justice

No. 10
Adapt the AAMC to the Changing Needs of Academic Medicine
The AAMC's Group on Faculty Affairs (GFA) is seeking your feedback! We would like you to complete a brief survey about your experiences in your profession and with the GFA, as well as your learning preferences. We will use the information collected in designing future offerings by the GFA.

Please note that your participation is completely voluntary. Most information you share with the AAMC on this survey is classified as restricted. Restricted data may not be published with individual identification, although de-identified data may be disclosed to external parties with management approval. Any information you choose to share about Gender Identity is classified as Confidential and will not be released outside of the AAMC with individual or institutional identification. Quantitative data will only be reported in aggregate form, and open-ended responses will be de-identified before sharing with those responsible for orchestrating the GFA offerings (e.g., AAMC program staff and steering committee members). A high-level summary of the findings will also be shared with the GFA community at large. This is a brief survey that should take you about 15 minutes to complete.

We ask you please complete the entire survey by July 8, 2021. If you have any questions about the survey, please contact AAMC staff who would be able to assist you. AAMC program evaluation staff can be reached at: learningevaluation@aamc.org.

Thank you in advance for your input! By continuing this survey, you acknowledge that you have read the above and you agree to participate.
Thank you to our 2021 GFA Program Planning Committee

Amanda Termuhlen, MD (Chair)
University of Minnesota Medical School

Juan Amador, CAE
Association of American Medical Colleges

Stephany Aguilar
Association of American Medical Colleges

Jennifer Apps, PhD
Medical College of Wisconsin

Valerie Campana, MBA
Children’s Hospital Los Angeles

Kimara Ellefson
Medical College of Wisconsin

Jamilah Hackworth, EdD
Cincinnati Children’s Hospital Medical Center

Joseph Loose, MD, FACS, FAAP
University of Pittsburgh School of Medicine

Michelle Oliva
Association of American Medical Colleges
Recognition of Outgoing Communications Committee Members

Erika T. Brown, PhD
Morehouse School of Medicine

Leigh Patterson, MD, MAEd
The Brody School of Medicine at East Carolina University

Jennifer Hagen, MD
University of Nevada Reno School of Medicine

Jessica Womack
Duke University School of Medicine
Recognition of Outgoing Professional Development Committee Members

Christina Runge, PhD, CCC-A (Chair)
Medical College of Wisconsin

Chantal Brazeau, MD
Rutgers New Jersey Medical School

Emily Freeman, MHSA
University of Arkansas for Medical Sciences College of Medicine

Jane Gibson, PhD
University of Central Florida College of Medicine

Kathy M. Pipitone, MS
University of Mississippi Medical Center

Elizabeth (Betsey) Ripley, MD, MS, RAC
Virginia Commonwealth University School of Medicine
Recognition of Outgoing Program Planning Committee Members

Amanda Termuhlen, MD (Chair)
University of Minnesota Medical School

Jennifer Apps, PhD
Medical College of Wisconsin

Valerie Campana, MBA
Children’s Hospital Los Angeles

Jamilah Hackworth, EdD
Cincinnati Children’s Hospital Medical Center
Recognition of Outgoing Research and Scholarship Committee Members

Kimberly Skarupski, PhD, MPH (Chair)  
Johns Hopkins University  
School of Medicine

Troy Buer, PhD, MS  
University of Virginia School of Medicine

Leonie Gordon, MD  
Medical University of South Carolina  
College of Medicine

Diana L. Gray, MD  
Washington University in St. Louis  
School of Medicine

Michele Kutzler  
Drexel University College of Medicine

Clara Lapiner, MPH  
Columbia University Vagelos College
Thank You Outgoing Steering Committee Members

Erika T. Brown, PhD  
Morehouse School of Medicine

Diana L. Gray, MD  
Washington University in St. Louis  
School of Medicine

Jennifer Hagen, MD  
University of Nevada Reno  
School of Medicine

Kathy M. Pipitone, MS  
University of Mississippi Medical Center

Christina (Chris) Runge, PhD, CCC-A  
Medical College of Wisconsin

Kimberly (Kim) Skarupski, PhD, MPH  
Johns Hopkins University  
School of Medicine

Amanda (Mandy) Termuhlen, MD  
University of Minnesota Medical School
Welcome New Committee Members

Communications Committee
Jennifer Apps, PhD
Medical College of Wisconsin

Communications Committee
Megan Palmer, PhD
Indiana University School of Medicine

Communications Committee
Narayanan Parameswaran, PhD
Michigan State University
College of Human Medicine
Welcome New Committee Members

Professional Development Committee
Sheila Crow, PhD (Chair)
University of Oklahoma College of Medicine

Professional Development Committee
Lee Ellen Buenconsejo-Lum, MD
University of Hawaii School of Medicine

Professional Development Committee
Terri Kurz, PhD
Texas A&M University College of Medicine

Professional Development Committee
Rania Sanford, EdD, ACC
Stanford University School of Medicine
Welcome New Committee Members

Program Planning Committee
Kimara Ellefson (Chair)
Medical College of Wisconsin

Program Planning Committee
Stefanie Carter, EdD
Nova Southeastern University
Dr. Kiran C. Patel College of Allopathic Medicine

Program Planning Committee
Annalise Ellis, MHA
Donald and Barbara Zucker
School of Medicine at Hofstra/Northwell
Welcome New Committee Members

Program Planning Committee
Michael Rowland, PhD
University of Kentucky College of Medicine

Program Planning Committee
Beatriz Tapia, MD, MPH, CPH
University of Texas Rio Grande Valley

Program Planning Committee
Shawn Wilson, PhD
Indiana University School of Medicine
Welcome New Committee Members

Research and Scholarship Committee
Guadalupe (Lu) Federico, PhD
(Chair)
University of Arizona
College of Medicine

Research and Scholarship Committee
Kim A. Boggess, MD
University of North Carolina at Chapel Hill School of Medicine

Research and Scholarship Committee
Johnson George, MBA, PMP,
CAHIMS
McGovern School of Medicine at The University of Texas Health Science Center at Houston

Research and Scholarship Committee
Jessica Servey, MD, MHPE,
FAAHP
Uniformed Services University of the Health Sciences
Phronesis (fro-NEE-sis):
Acting for the welfare of others without thought for the self; seeking and enabling heroically the development and success of others.

The GFA Steering Committee established this award in Dr. Bland's honor in recognition of her service to faculty affairs, faculty development, and academic medicine.
Patrick O. Smith, PhD, ABPP

Chief Faculty Affairs Officer
Associate Dean, Faculty Affairs
Professor, Family Medicine
University of Mississippi School of Medicine
Break
GFA Townhall
GFA Townhall Moderators

Erika T. Brown, PhD
Morehouse School of Medicine

Susan Rosenthal, PhD, ABPP
Columbia University Vagelos College of Physicians and Surgeons
Faculty Vitality and the COVID-19 Pandemic

Jamilah M. Hackworth, EdD
Assistant Professor, Associate Director – Office of Academic Affairs and Career Development
Cincinnati Children’s Hospital, University of Cincinnati College of Medicine
Faculty Concerns: One Year Ago

• Academic productivity
• Health (physical, mental) of oneself, one’s family, one’s colleagues
• Patient care (Telehealth)
• Working from home and childcare
• Trainees and Research Staff
• Financial impact of the COVID-19 response
• Racism
Interventions: One Year Ago

• RPT extension policy
• COVID-19 Wellness Weekly with targeted resources and articles
• Zoom Peer Support Groups
• Weekly Meditation Mindfulness Sessions
• Zoom Hall Discussions
• 55-word stories
• Peer Support Program
• Listening to Understand: A Conversation About Racism
Faculty Concerns: One Year Later

- Childcare
- Blurred boundaries between work and personal lives
- Feelings of isolation, lack of connection with colleagues
- Patient care and stress of the frontline
- Working with learners
Interventions: 2.0

- Dissemination of childcare, EAP, emotional wellbeing, and community resources
- Meeting culture work
- Series on reestablishing boundaries after pandemic
- Expanded Peer Support Program
- Additional supports for women faculty
- Faculty development programming for virtual best practices (telemedicine, mentoring, interviewing, teaching, networking, managing emails)
Our mission is to foster collective well-being and resilience by sharing evidence-based coping strategies, facilitating access to peer support, and contributing to an inclusive and compassionate culture for faculty and staff of CUIMC and the larger Columbia community.
Growing Resilience
Tips to Weather Harsh Seasons

Anna E. Allman, Ph.D.

Research indicates that stressors and adverse life events pose challenges for many people’s mental health. Resilience is a set of traits and skills individuals use to adapt and even thrive during adversity. Growth mindset suggests that with practice, people can grow in resilience. Here are 9 evidence-based methods to improve your coping strategies now.
CopeColumbia Services and Footprint

1:1 Peer Support
- 245 sessions conducted
- Total # attendees: 191

Peer Support Groups
- 258 groups conducted
- Total # attendees: 2465

Town Halls/Webinars
- 94 townhalls
- Total # attendees: 5098

Website
- 2020: 2972
- 2021: 2842
- Total: 5814

Leadership, Team Building, & Communication

- Emergency Medicine
- Pediatrics
- Epic
- Billing and Finance
- School of Public Health
- Law School
Brief Guidelines for Promoting Discussions:

- Election Stress
- Holiday Stress
- Racial and Social Justice
- Transition Back To In-Person Work or some hybrid plan

CU-wide Panel Discussion

1. “I’m (Not) Fine”: Persevering During Persistently Challenging Times
   
   Moderator: Erin K. Engle, PsyD
   Speakers: Colleen Cullen, PsyD; Michael J. Devlin, MD; Deborah R. Glasofer, PhD; Sheau-Yan Ho, PhD

2. Bold Conversations for Healing and Reshaping our Medical Center Community
   
   Moderator: Patrice K. Malone, MD
   Speakers: Sandra Harris; Ofole Mgbako, MD; Warren Ng, MD; D. Anne Stewart
CopeColumbia: Past, Present, & Future

Identified a need for efforts to support the emotional well-being and mental health of faculty and staff at all levels.

Now a highly valued component of workforce support efforts.

Collaborations with other CUIMC groups committed to promoting well-being and mental health.

Focus on cultivating a culture, that promotes community, relationship building and peer support.
CopeColumbia Team

Anne Marie Albano, PhD, ABPP
Anna Allmann, PhD
Lou Baptista-Neto, MD
Colleen Cullen, PsyD
Michael J. Devlin, MD
Erin Engle, PsyD
Deborah R. Glasoyer, PhD
Jasmine Han, LMSW
Sheau-Yan Ho, PhD
Patrice K. Malone, MD
Laurel Mayer, MD
Claude Ann Mellins, PhD
Elizabeth Murphy Fitelson, MD
Warren Ng, MD
Sara Siris Nash, MD
Jared O’Garro-Moore, PhD
Robert H. Remien, PhD
Aaron Vieira, MA, MSW, PCC
Milton Wainberg, MD

Recent Literature

For more information on CopeColumbia:
cuimc.columbia.edu/covid-19-resources-cuimc/copecolumbia

For any additional questions, please reach out to: copecolumbia@cumc.columbia.edu
GFA Discussion

Please use the Chat panel located at the bottom of your screen to submit your questions and comments throughout the townhall.