

## N95 Respirator / Mask Training Module

- We have a very limited supply of N95 respirators available for volunteers. As a result, we ask that you take good care of the mask provided to avoid damage.
- Please take this time to watch this example video of proper fit, don, and doff of the N95 respirator.
  - <https://youtu.be/05wyH1-mLGk>
- One N95 respirator is good for five days of clinic. Each volunteer will re-use their N95 until that time is expired. The N95s also need to be placed in a bag for at least three days to allow adequate time for sterilization between uses. As a result, you will need to follow the following steps for storage of your N95:

### *First use:*

1. At the start of clinic, obtain an N95 respirator from the ED.
2. Make sure to put on the mask following the instructions in the example video.
3. At the end of clinic, place your mask in a bag
  - Avoid coming in contact with exposed surfaces of the N95 by making sure to doff the mask as shown in the example video.
4. Write your Name on the top of the bag.
5. Write the date you wore the mask on the bag and the number of times used.
  - e.g. 06/08/2020 – #1
6. Place your mask in the collecting bin provided.

### *Re-use:*

1. At the start of clinic, locate your N95 bag in the storage bin provided.
2. Ensure at least three days have passed since the last use noted on the bag
3. Make sure to put on the mask following the instructions in the example video.
4. At the end of clinic, place your mask in a bag
  - Avoid coming in contact with exposed surfaces of the N95 by making sure to doff the mask as shown in the example video.
5. Write the date you wore the mask on the bag and the number of times used.
  - e.g. 06/15/2020 – #2
6. Place your mask in the collecting bin provided.
7. If this was the 5<sup>th</sup> time that you reused your mask, discard the mask and bag.

- Notes on proper fit
  - Always use two hands to mold the mask to your nose to create a tight seal
  - Beards are not recommended
  - Perform a user seal check each time you put on the mask (shown in video)