



COVID-19

COLLEGE CAMPUS STUDENT GUIDELINES

1

BEFORE ENTERING A CLASS

Secure your mask and sanitize

Wash your hands with soap and warm water for 20 seconds before putting on your mask and going to class

Use alcohol-based (at least 60%) hand sanitizer if hand washing is unavailable

Be sure that your mask fits well with no gaps between it and your face, covers both your nose and mouth, with the top edge fitted around the bridge of your nose, bottom edge below your chin.

How to properly put on a disposable face mask



ENTERING THE CLASSROOM

Use the designated entrance door

Implementing a one-way door system will limit flow in and out of the classroom

Limit close contact with classmates - follow the social distancing guidelines (6 feet apart)

2



3

CHOOSING YOUR SEAT

Sit at least 6 feet apart (2 arms' length) from your classmates

This means 2-3 seats on either side of you and sitting every other row

Staying 6 feet apart will minimize the potential for person-to-person spread via respiratory droplets



DURING CLASS

Wipe down all surfaces, avoid touching your face, and only bring the essentials

Avoid touching your face - especially eyes, nose, and mouth

Take out only the things you need for class, and limit these as much as possible

The virus can remain on surfaces for days. Wipe down surfaces and personal items with alcohol-based disinfectant wipes at the start and end of class

4



5

AFTER CLASS

Use the designated exit door and sanitize

Wash your hands with soap and warm water for 20 seconds or use alcohol-based (at least 60%) hand sanitizer upon leaving class



REMEMBER TO:

- Stay home if you are sick
- Cover coughs and sneezes
- Avoid contact with people who may be sick
- Stay 6 feet apart

STAY UP TO DATE WITH THE LATEST GUIDELINES:

<https://www.cdc.gov>

SOURCES:

<https://www.cdc.gov/coronavirus/2019-ncov/community/colleges-universities/considerations.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/social-distancing.html>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

<https://www.nih.gov/news-events/news-releases/new-coronavirus-stable-hours-surfaces>

UNC SOM

Christiana Cornea
Akash Mehta
Beyla Patel
Aneesh Rahangdale
Katherine Williams

