

## Checklist for Patients with Confirmed COVID-19 Infection Discharging Home

### Discharge location:

- Verify private residence
- Verify and document contact number for patient, as well as name and contact number for primary community support person
- Verify adequate support and resources at home (depending on patient's baseline level of function and functional status at discharge)

### ADL/iADL considerations:

- Confirm with medical provider and bedside RN that patient is able to manage ADL/iADLs independently or with degree of available support at home
  - ⇒ If unable to manage ADL/iADLs, consider ongoing hospitalization
- Confirm patient has the resources/social support to receive 1-2 weeks of food and other necessary supplies while undergoing quarantine
  - ⇒ If support unavailable, explore grocery delivery or Meals on Wheels
- Perform DME needs assessment and consider sponsorship of DME from hospital if items unable to be delivered to home or obtained by social support person

### Discharge medications:

- Provide at least a 14 day supply of medications to cover duration of home isolation or confirm 14 day supply at home

### Discharge supplies:

- Provide 2 surgical masks (yellow) to infected patients who are discharging home (instructions for mask use is in Washington State DOH instructions that will be printed for patient, see below)

### Transportation:

- Verify patient has a ride by private vehicle (infected person should wear a mask in the car)
- If no private vehicle ride is available, set up AMR/Trimed transport

### Discharge Instructions:

- Provide patient and household members with home isolation instructions
  - Print the most up-to-date Washington State Department of Health instructions for patients returning home with confirmed COVID-19 (first hyperlink) and the recommendations from the CDC on how to prevent spread of COVID-19 to household members (second hyperlink). Add hard copies to patient's discharge paperwork (click Ctrl and press hyperlink below to obtain PDF/print versions):
    - <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>
    - <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>
- Add the following statements to the follow-up section for the discharge paperwork:
  - Because you have a confirmed (or suspected) case of COVID-19, you should remain under home isolation precautions for 7 days after diagnosis OR until 72 hours after fever is gone and symptoms (cough, shortness of breath, muscle aches, sore throat) get better, whichever is LONGER (per Washington State Department of Health). Further testing is not required after this duration of time. If you are discharged before your test results are back, you will be contacted once they are finalized.
  - If uninfected people at home with you develop symptoms (fever, cough, shortness of breath, sore throat, muscle aches, loss of taste or smell), please call the King County Novel Coronavirus Call Center (206-477-3977) or the Washington State Department of Health Call Center (1-800-525-0127, press #) if you live outside of King County.
  - Inform your PCP of your COVID-19 status as they continue to assist you with your other medical needs. If you have any upcoming scheduled medical appointments, call the clinic ahead of time, as you may be asked to reschedule if you have ongoing symptoms.
- If a patient is non-English speaking, consider including the "Novel coronavirus fact sheet" on the King County Public Health COVID-19 page ([www.kingcounty.gov/covid](http://www.kingcounty.gov/covid)), available in Amharic, Chinese, Khmer, Korean, Russian, Somali, Spanish, Thai, and Vietnamese.