Teen pregnancy and neighborhood norms: Connecting ethnic isolation and teen birth rates among Massachusetts Latinas

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Presenter Disclosures

Sarah Rustan

(1) The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

"No relationships to disclose"



Latinas and Teen Birth

- ► Latinas demonstrate high teen birth rates (MDPH 2012)
 - Latina teens aged 15-19
 - 49 per 1,000 Latina teens in Massachusetts
 - 44% decrease since 2000, but still higher than other racial/ethnic groups
 - Puerto Ricans, the largest Latino group in the Northeast, have particularly high teen birth rates
- Contributing cultural norms
 - ► Significance of motherhood (Torres & Cernada 2003)
 - ► Role of religion (Villarruel 1998)



Neighborhood Context

- Ethnic concentration: The proportion of each census tract that is Latino
 - Ethnically concentrated neighborhoods linked to health outcomes, both positive and negative (Baker & Hellerstedt 2006)
- Ethnic isolation: The likelihood that minority members only regularly interact with one another is measured using Massey and Denton's isolation index
 - Cultural health behavior norms more likely to persist in ethnically isolated neighborhoods (Macintyre et al. 2002; Roy et al. 2013)



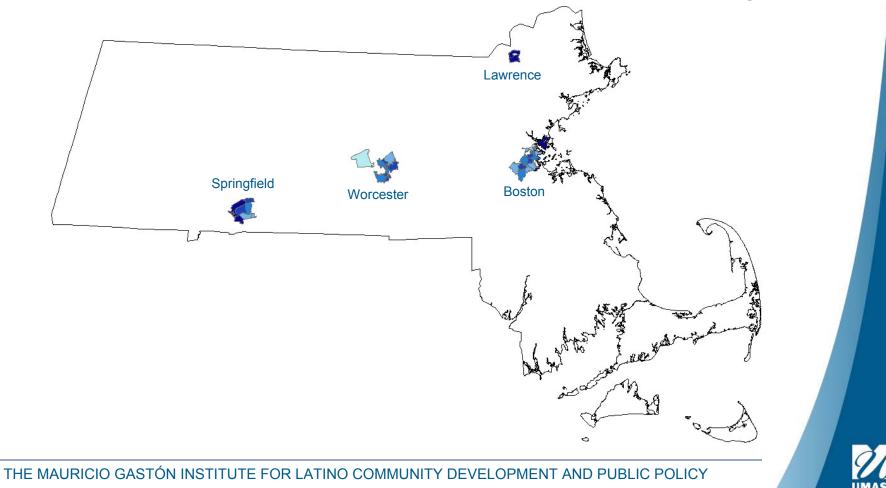
Research Hypotheses

- Hypothesis 1: Latina teen birth rates will be higher in areas where the Latino population experiences higher rates of ethnic concentration or ethnic isolation.
- Hypothesis 2: There will be a stronger relationship between ethnic isolation and increases in Latina teen birth rates than between ethnic concentration and Latina teen birth rates.



Geography

Massachusetts focus: Boston, Lawrence, Worcester, Springfield



BOSTO

Research Methods

- Birth Certificate Data from the Massachusetts Department of Public Health
 - Teen birth rate
 - Latina teen birth rate
- U.S. Census Data from the 2010 Decennial Census
 - Ethnic concentration
 - Ethnic isolation
- Primary data from Por Ahí Dicen
 - Puerto Rican mothers in Springfield, MA
 - Preliminary data, N = 170



Ethnic Concentration and Latina Teen Birth Rates

Simple Regression Results

- Ethnic concentration significantly predicted Latina teen birth rates, β = 148.3, p < .001
- Ethnic concentration explained a significant proportion of the variance in Latina teen birth rates, R² = .584





Ethnic Isolation and Latina Teen Birth Rates

Simple Regression Results

- Ethnic isolation significantly predicted Latina teen birth rates, $\beta = 133.9, p < .05$
- Ethnic isolation explained a significant proportion of the variance in Latina teen birth rates, R² = .127
- Ethnic concentration explained more variance in Latina teen birth rates than ethnic isolation





Preliminary Results from Por Ahí Dicen

- High incidence of teen pregnancy among respondents' families
 - 67% of respondents were teen mothers
 - ► 66% were born to teen mothers
- Respondents tended to have family-centric social networks
 - 34% of respondents listed only family members in their primary social network



Discussion

- There are statistically significant relationships with both ethnic concentration and ethnic isolation and increased teen birth rates among Latinas in Massachusetts
 - Ethnic concentration is a better predictor of Latina teen birth rates than ethnic isolation
- Among Latinos, the strong focus on family known as familismo may exacerbate the effects of ethnic concentration by further limiting exposure to extra-familial behavioral health norms
- Teen pregnancy prevention programs need to address local cultural and contextual factors that influence behavioral health norms at multiple levels
 - Individual, familial, neighborhood





Next Steps

- Examine relationship at a smaller geographic area
 - Census tracts
- Incorporate other tract-level predictors from census
 - E.g. % high school graduate or less, % poverty
- Analyze final data from Por Ahí Dicen



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