## **Guidelines for Problem List**

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## 1. Importance of Problem List

The Problem List is the primary list of a patient's clinical issues that is accessible in all care contexts. In addition to contributing to continuity of care and billing, it triggers various clinical decision support tools such as Best Practice Alerts, and interacts with EMR views, navigators, History, SmartLinks, Patient Lists, My Chart, and reporting (e.g. PQRI, Core Measures, and Meaningful Use). Leveraging this valuable tool requires that it be accurate, current, and populated in a consistent manner by all clinicians.

## 2. Problem List content

## a. Outpatient problems

The Problem List must be a concise, patient—centered list of the patient's active or chronic medical problems. Examples:

- Recurrent medical problems
- Significant treatment
- Active or relapsing chemical dependency or abuse
- Issues of sensory impairment
- Research protocols

Reason: The Problem List is used by all clinicians and medical staff for various purposes, and should include issues that would be of importance to clinicians to gain a rapid understanding of the patient's medical status.

## b. Inpatient/Hospital problems

The list of inpatient/hospital problems should include acute problems, and chronic problems that are being addressed while in the hospital. A symptom should be changed to a medical diagnosis when the diagnosis is made.

To convert an outpatient problem to a hospital problem, click the problem name, then Details. Put a check in the "Hospital Problem" box. This indicates that the problem is being addressed during the hospitalization.

The Principal Problem should be identified at all times during the hospital stay, and may change during the course of hospitalization. The final diagnosis should be marked as the Principal Problem.

Reason: The list of inpatient/hospital problems should reflect the changing nature of a patient's condition while in the hospital, and give a precise picture of ongoing management. It should also reflect the interaction of acute and chronic problems.

#### d. Overview Note

The Overview note should include details about the status and care for a specific problem. The Primary Care Provider's content should be respected. Make an addendum to the content rather than overwriting the PCP's note.

#### 3. Problem List management

#### a. History Activity

The History should be used to store information related to past problems, procedures or screening exams. Vaccinations should be entered in the Immunizations activity.

Reason: The History should complement the Problem List but not duplicate entries.

## b. Reconciliation and maintenance

Reconciliation of the Problem List should be done at each encounter (hospital or clinic), and at discharge. It is the responsibility of all clinicians to reconcile the list, especially problems that relate to each clinician's area of expertise. (See #4 below, Roles and Responsibilities). If a question cannot be resolved, the PCP should be contacted.

Maintenance and editing of individual problems should be done to maintain the accuracy, usefulness, and validity of the list. It should be done during documentation or rounding, and should include revision when there is a change in active patient condition or diagnosis. Symptoms should be replaced by a more specific diagnosis when available, and duplicates removed.

Reason: The Problem List should be current and concise, to facilitate effective medical care.

## 4. Roles and Responsibilities

## a. Hospital

Admitting Provider: Designate the Principal Problem

Consulting Provider: Suggest problems to be added by the primary team.

Discharging Provider: Mark any hospital problems as chronic that need ongoing management.

Primary Provider: Manage and update the Hospital Problem List.

## b. Outpatient

Primary Care Physician: Manage the entire list, review at each encounter, and reconcile as

necessary.

Specialist: Add or revise any problems that pertain to your specialty.

#### c. Advanced Practitioners

Modify the Problem List within your scope of practice and duties. This applies to Clinical Nurse Specialists, Nurse Practitioners, and Physician Assistants.

#### d. Medical Students

Double-check any entries or changes with your supervising clinician. Do not delete problems. Annotate problems with additional detail as appropriate.

#### e. Researchers

Refer to Hospital Policy #2317 (Documentation of Research Patient Status in the Electronic Medical Record)

## 5. Etiquette

Providers should respect an entry made by another provider, and only edit it if it is inaccurate or out of date. Entries should be precise, synthesize information, and be useful for the next provider. Providers should prune the list to keep it clean of clutter. The status of problems should be kept up to date.

## 6. Definitions

## Overview note

The overview note is a non-Legal Medical Record communication tool used for a concise summary of current issues and plan. The note should remain pertinent across encounters. The Overview Note should not be used for duplicate entries in the Problem List; communication that

needs an urgent response; or care issues already in the FYI activity (e.g. sensory impairment, violent behavior, interpreter, guardian issues, controlled substance concern).

## **Principal Problem**

The Principal Problem for a hospitalization is the most important diagnosis at any point in time during the hospital stay.

#### Delete function

A problem should be deleted when it has been entered in error. If a problem was valid and is now resolved medically, use the Resolve function.

## Resolve function

A problem should be resolved when it is no longer active. If a problem was entered in error, use the Delete function.

## **Appendix A: Appropriate Content for Problem List**

## The Problem List should be PROPER:

Precise as specific as possible Relational identify pathophysiology

Ordered the principal diagnosis ("...cause of this hospitalization?") - revised with new information

Pruned moved to History, or removed

Enough describes all important and active issues

Refreshed/Reordered updated and revised

## Do

| Appropriate content for Problem List                    | Examples  |
|---|---|
| Chronic medical problems requiring continued            | Type 2 Diabetes, Essential hypertension, Renal          |
| treatment, screening or monitoring                      | insufficiency, Developmental delay                      |
| Recurring acute medical problems requiring evaluation   | Recurrent UTIs, Recurrent shoulder dislocation          |
| or treatment  |   |
| Problem requiring the prescribing of scheduled or PRN   | Anxiety, Migraine, Sciatica; SBE prophylaxis candidate  |
| medications chronically                                 |   |
| Problems requiring laboratory testing for monitoring    | Thyroid disease, Anticoagulant long term use            |
| Acute symptom while under active evaluation for         | Abdominal pain, Low Back Pain, Changing skin lesion     |
| diagnosis   |   |
| Active or relapsing chemical dependency or abuse        | Tobacco abuse, Narcotic Dependence                      |
| Family history of disease that conveys a significant    | Family history of BRCA gene positive, Family history of |
| health risk upon the patient                            | Huntington's Disease                                    |
| Chronic mental health disease                           | Depression, Bipolar disorder                            |
| Positive screening tests that impact continuing care or | Abnormal PAP, PSA or PPD                                |
| disease risk  |   |
| Research studies that are current and active            | Research Patient/Cancer Center/xxxxxxx/                 |

## Don't

| Inappropriate content for Problem List                     | Examples                                       |
|--|--|
| Inactive or historical medical problems and completed      | Meningitis, Appendectomy                       |
| surgeries  |  |
| Minor, self-limited illnesses or complaints                | URI, Rash                                      |
| Non-problems   | Physical exam, Vaccination, Counseling         |
| Family history of limited or no significant health risk to | Family history of appendectomy                 |
| the patient  |  |
| Screening study diagnosis                                  | Screening mammogram                            |
| Symptoms, when a diagnosis exists                          | Cough when Asthma is present                   |
| General diagnosis, when a specific one exists              | Sciatica when Herniated lumbar disc is present |

# **Appendix C: Related Policies**

UCDHS P&P 2701 - Problem List

UCDHS P&P 2306 - Legal Medical Record Content/Core Elements

UCDHS P&P 2317 - Documentation of Research Patient Status in the Electronic Medical Record

UCDHS Standardized Procedure VII-85 – Nurse Practitioners in the Family and Community Medicine Department

UCDHS P&P 1920 - Coding Rules for Evaluation and Management Services and Preventive Services