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Psychiatric Care Access

Original Email to OSR:

Hi OSR,

I am Amanda Harper, a representative from The Ohio State University College of Medicine, and I am working with a group of students at our school to facilitate psychiatric care access for medical students.

Sadly, earlier this year, we lost a classmate to completed suicide. Now, a group of students at the OSUCOM is looking to improve the routes medical students may take to receive assistance for mental health concerns. As we prepare a proposition for leadership at the OSUCOM, we would like to factor in how other schools provide care for their students. If you could take a few minutes to answer the questions below, we would appreciate your feedback.

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential?

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric serivces available near the medical school, main campus, or both?

6) How does your school fund treatment for students' urgent psychiatric issues?

7) How does your school make students aware of psychiatric services?

8) Does your school have mandatory mental health screenings for its students?

If there are any other details you can provide about the psychiatric services available at your school that do not fall under the questions listed above, please feel free to share that information as well. Also, if you feel your school has a particularly innovative or effective program and there is a representative who might be willing to speak with us about the program in more detail, we would be grateful for the opportunity to talk with them. Thank you for all of your help. Have a wonderful week! Amanda Harper OSR Representative The Ohio State University College of Medicine

<u>NYU</u>

Mental health services are provided through the office of student health here and there are two days each week where students can schedule appoints with the psychiatrist.

1. The first person we would contact is the receptionist at the general student health clinic. She would help us schedule an appointment

2. We meet directly with the psychiatrist without a counselor consult. Lag time really depends on student schedules. Students can schedule appointments and meet with psychiatrists the same week and maybe even the same day.

3. I'm a bit unsure about this, but I believe that both of the psychiatrists that do work with our students have their own practices as well so this is not their primary responsibility. That being said they are very accessible regardless.

4. Just like normal student wellness programs all information and visits are confidential. Pyschiatric meetings are conducted in a separate office than general visits however.

5. I believe that these services are only for med students and we are separated from main campus, but these services are geographically located near our housing/hospital.

6. The funding for this program is part of the general cost of attendance. Urgent care is also provided by the same physicians that do the individual meetings and students are provided with this physician's direct contact info.

7. Email notifications weekly

8. No mandatory screenings.

LSUHSC New Orleans

Hi Amanda,

First of all, on behalf of the entire LSU Health Science Center, I am sorry to hear of your loss. I'm glad to hear that you are actively seeking out answers on behalf of your school. This has actually prompted me to look into how our school does things with more details. I have a meeting with our "Peer Advocate Liason" system which allows students to come to their peers with problems-->those peers direct them to either our Campus Assistance Program (which has Social Work and Psychiatric Services available or to the Dean of Academic Affairs or the Professionalism committee depending what the problem is. That meeting takes place on Wednesday and I will fill out this survey as soon as I get done. My thoughts are with you and the rest of the OSUMC student body.

<u>Harvard</u>

I'm a 4th year medical student at Harvard and my answers are below. I am very sorry to hear about your classmate.

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

Society master. HMS puts students in societies, which is like having an academic home within the school. Your society consists of 30 of your classmates, three faculty advisers (society masters), and 1 administrator. Generally, all of your small group sessions are with your society classmates. All academic advising and need for personal leave and other personal issues can be brought up with one of your society masters.

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

Little to no lag. One can see a psychiatrist at the student health center (we have two centers- 1 at the med school campus in Boston and one at the main Harvard Square campus in Cambridge, especially if urgent, within the day. If needed even sooner, can immediately see a nurse or NP at the student health center right away.

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

I'm not sure if there is a formal policy. Generally, the society master helps coordinate things like leave if needed or changes in academic schedule. We also have an academic resource person (a psychiatrist), who helps us with study habits as well as refers us for counseling if she sees it fit. (This is in addition to the society master referring for counseling if he or she sees fit.) All counseling is done through the student health center across the street from the medical school or the health center at the Harvard Square campus. There, we can see psychiatrists, psychologists, and social workers.

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential?: Yes.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric services available near the medical school, main campus, or both?: The health center across the street from the med school serves mainly HMS, the dental school, and the public health school. This includes MD, DMD, MPH, MS, PhD candidates as well as staff for health and mental health. The Harvard Square campus serves all Harvard students and employees.

6) How does your school fund treatment for students' urgent psychiatric issues? Our health insurance fully covers it.

7) How does your school make students aware of psychiatric services?: Only during orientation. It is only reexamined with a society master if he or she feels it necessary.

8) Does your school have mandatory mental health screenings for its students?: No.

University of Chicago Pritzker School of Medicine

Hi Amanda, Hope things are going well at OSU.

Below are my responses,

1) They would either approach our Dean of Wellness or Dean of Student Affairs.

2) I'm not actually sure about this, but I think it is close to a few days. Any urgent psychiatric problems can be treated via walk-ins though.

3) We do have a Dean of Wellness, but this person is more responsible for establishing wellness programs within the school. She does not actually help students with treatment or diagnosis of mental health issues due to possible conflicts of interest. Anyone who needs to see mental health professionals is referred to our student counseling service, which is free through the funds we pay in our student life fees.

4) The student counseling service has a completely different electric record system from the system the rest of the hospital and the medical school use.

5) The psychiatric services are for all graduate and undergraduate students on campus. As our medical school is located on the campus of the undergraduate campus, everything is very centrally located.

6) There is always one medical professional on-call through student counseling service. Again, any visits to the SCS are free throughout the year, but included in our student life fees in our tuition.

7) During orientation we have a huge presentation on all of the resources at our disposal.
Psychiatric services are included in this presentation. I would also imagine that our faculty and administrators will continue to refer people to these services whenever issues arise.
8) No.

University of Miami Miller School of Medicine

Hi Amanda!

Please see below for my answers. Feel free to e-mail and/or call me if I can be of further assistance!

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

Students are instucted to contact our Associate Dean for Student Services. We believe that most of the time this is the first person they contact, although there are times were a student may contact a faculty mentor they are close to.

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

Our program is set up to actually have any medical student who either self refers or is referred by a faculty/dean to meet FIRST with a psychiatrist, not a counselor. Our arrangement is managed between our medical education administration and our Department of Psychiatry. Therefore, any student who participates in a first appointment will already meet with a psychiatrist. The time frame for this first appointment depends upon the urgency of the student's situation. We have arrangements for same day if truly needed, otherwise within 3-5 days or 5-7 days depending on student request. If more urgent, students are surely accommodated.

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

The Associate Dean for Student Services is more of the "in house" counselor, who meets with students about all kinds of issues. She may refer students to our Medical Student Behavioral Health Program, or they may self refer. If they are meeting with doctors who

participate with the Medical Student Behavioral Health Program, those doctors have been selected to participate. It is NOT their only responsibility, but they have time carved out to be available fro students.

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential? The student's medical record does not contain their name. A number system is used instead.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric services available near the medical school, main campus, or both?

This system that I have been describing is soley for medical students and graduate students. All of the services are available on our medical campus.

6) How does your school fund treatment for students' urgent psychiatric issues? Medical students have access to 5-10 free visits with a psychiatrist per year. More free visits may be provided to students on a case by case basis and if resources are available. If a student requires long-term care, they go about this through their health insurance.

7) How does your school make students aware of psychiatric services? Students are made aware at orientation every year that they have access to 5-10 free visits with a mental health provider. The telephone number for the Medical Student Behavioral Health Services office is provided to them at orientation as well as posted around the school (including inside the bathrooms!) The information is also easily accessible on the Office of Professional Development and Career Counseling website.

8) Does your school have mandatory mental health screenings for its students? Part of the matriculation health questionnaire that must be signed by a licensed health provider asks:

On the basis of my review of the information furnished by the student and his/ her family, my own records including a recent physical examination and my _____ years of acquaintance with the student, it is my professional judgment that the student is in good health and has no physical, emotional or social defects or problems and should be able to attend medical school.

Washington University

1. The student health physician for the School of Medicine.

2. Couple weeks I think.

3. Students with mental health issues are either managed by the main student health physician or a variety of psychiatrists and clinical psychologists. There are a few psychologists and psychiatrists who are used to working with med students that get most of the referrals. They are regular clinicians who practice in the Wash U network, but their patient population is not strictly students. The main student health physician decides what type of professional to send each student to.

4. Same way that you would ensure the confidentiality of any other patient.

5. Part of the main Wash U provider network.

6. Our med student health insurance is a required part of tuition and covers all ER visits and hospitalizations for free as long as you go to Wash U hospitals. I think they will even cover ER visits at other hospitals because I know a classmate who had a mental breakdown and was treated at a non-Wash U hospital. He didn't want to be rounded on by his classmates, understandably, and Wash U was cognizant of that.

7. They describe all the available student health services at first year orientation. Also, if the student health physician thinks you need mental health services when you are visiting her for other reasons, she will remind you of what resources are available.

8. No mandatory mental health screenings. That would be a great idea though.

<u>Georgetown</u>

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

We have something here called CAPS (counseling and psychiatric students) that are available to all students if they feel they need to talk to someone.

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?I'm unsure, but I would assume it's pretty fast. I have a friend who went to CAPS and she immediately saw a psychiatrist and not a counselor.

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

I'm unsure.

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential? Medical students have their records closed to other students so that privacy is met. Also, teaching faculty and residents who work with med students are not supposed to treat med students.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric serivces available near the medical school, main campus, or both?

They are available to all undergrad and grad students.

6) How does your school fund treatment for students' urgent psychiatric issues? I'm unsure.

7) How does your school make students aware of psychiatric services? During orientation, they give us a packet about CAPS and also take an hour to talk to us about psychiatric services.

8) Does your school have mandatory mental health screenings for its students? No.

Weill Cornell Medical College

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

school psychiatrist responsble for student mental health (not sole duty)

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist? refer to 1

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

refer to 1

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential? it is a medical record and therefore confidential

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric serivces available near the medical school, main campus, or both?

part of the hospital psychiatric department

6) How does your school fund treatment for students' urgent psychiatric issues? in student fees I believe, same as how we have a student health service

7) How does your school make students aware of psychiatric services? lecture at the beginning of school as well as information on the website

8) Does your school have mandatory mental health screenings for its students? no

George Washington University

Thanks so much for sending this out Amanda. Definitely an immensely important topic and I'm glad someone is asking these questions. My responses are in bold.

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance? **Our Dean of Students**

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist? **Considering it would be a private/outside psychiatrist, it would probably take a while for students to 1) Call referrals and 2) Get into the schedule, so at least 1 month (too long!)**

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary

duty?) Our designated person is our Dean of students, who is a licensed psychologist. This person has a number of duties.

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential? **Verbal** affirmation that it is confidential...that's pretty much all (not enough assurance that it's private in my opinion)

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric services available near the medical school, main campus, or both? **Part of a larger university network. It's all on the same campus so it's relatively close**

6) How does your school fund treatment for students' urgent psychiatric issues? **They do not fund anything. However, we can get up to 6 free sessions at the university's counseling center**

7) How does your school make students aware of psychiatric services? **A wellness** website, emails from the deans.

8) Does your school have mandatory mental health screenings for its students? No.

CCLCM and CWRU

Sorry about your classmate, Amanda. At least you are making something good to come out of the process. Certainly, I am happy to answer your questions

1. Often it might be the physician advisor but some students have come to me first (maybe because I am a psychiatrist). Either way, we would make sure they got in for help. I have sometimes driven students in my car to the clinic and even stayed with them if they wanted me to do that(in or out of the room). Amanda, we are very small so we can do things that other schools may not be able to do.

2. The triage counselor will see them the same day but the full evaluation may be on another day, depending on the severity. There is a psychiatrist some days in the office but if there is none available they can see Dr. Nell Davis, who is an internist and super with psychiatry issues. She can curbside folks whenever needed and does so. This is for regular CWRU student insurance. Some students who are their parents' insurance have additional options.

3. Students may come to me first but if I see a therapy issue present, we get them to a counselor. I am not health care provider for our students. Educational information comes from this office. Lightbox treatment of Seasonal Affective Disorder. We discuss every year in class meetings in the fall. If a student's health care provider recommends one, we have loaners until the student can get their own. Cognitive Behavior Therapy course is offered to students for introduction to the therapy and who and how to refer. This has been an optional class for second year students for 5 or 6 years. Last year 2 first years requested to come. This year the second year students said fine to letting any first year student come. Now we do 1/2 hour Monday at noon and Thursday at noon. Students may come to either. We used to be able to give elective credit but no longer. Nonetheless almost 60 signed up

for the books. We meet from October to mid May.

4. Information is confidential, unless a student does not enter therapy when suggested. The Student Health Committee would interview the student and recommend evaluation, treatment and follow the progress through therapy reports. If the student refuses the requests of the committee, the promotion committee meets with them surrounding professionalism concerns.

5. The entire CWRU is served by the clinic

6. Students are required to have CWRU student insurance or their parents' insurance. CWRU covers all counseling cost unless they go outside the system. Even then they may cover most of the cost but their may be a copay.

7. During orientation week , the head of counseling, the time management specialist, and the director of student health services all come to meet the 32 students. Students ask questions about how to get their medications refilled that they are currently taking etc. They talk about what is offered , how to get in/ self -refer, and leave brochures. I have extras put in the student lounge and more stashed in student affairs if one is requested. The student handbook describes the process(CCLCM and CWRU handbooks).

8. No we do not

Emory University SOM

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

- student health department, there has been a strong push over the last 2 years in mental health (they even advocate a screening visit) facilitated via blast email to all of the classes

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

- I am unsure, but if it needs to be urgent I am sure the department would facilitate it

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

- this would be through the department of student health

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential?

- I am not sure if this is in place (a way of assuring confidentiality). However, the dean of student affairs and admissions give us their cell phone numbers in case we ever need them. I would trust either of them with anything I was going through. At the same time, I think students should understand that there may be some things you go into more in depth with a health profession and how much you disclose to colleagues.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric services available near the medical school, main

campus, or both?

- university network

- our SOM is on campus

6) How does your school fund treatment for students' urgent psychiatric issues? - it is covered is our student health insurance plan

7) How does your school make students aware of psychiatric services?email, student health bulletins (monthly)

8) Does your school have mandatory mental health screenings for its students? - no, but we need a physical during the M1 year

Eastern Virginia Medical School

Hi Amanda,

Our deepest condolences to you and your peers in the midst of such a tragedy. At EVMS we've been fortunate enough not to have experienced this all too common, yet underrecognized event, which the stresses of medical school may very well precipitate. I'd like to think that it is because the environment here is so supportive and communal; however, I'd be ignoring the measures put in place already that serve to address our students' mental health concerns. Here are responses to your prompts. Please do not hesitate to contact any of the reps found on this chain if you'd like more information.

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

- EVMS' Student Mental Health (SMH) Services offers free consultation with our Psychiatry & Behavioral Sciences department. Students can contact SMH directly or go through their school-provided PCP. The SMH offers assessment, consultation and brief therapy at no charge to all full-time students. Students may have up to 5 sessions at no cost, unless extenuating circumstances occur

- Of note, our school also has a student organization called the Phoenix Committee, which acts as a student-run, faculty-advised resource for addressing psychosocial issues, which may arise during medical school. The group confidentially hears students concerns regarding anxiety, depression, substance abuse, eating disorders and family concerns. Students can raise concerns to a representative about oneself or a classmate. The committee then guides the student on how best to proceed and may include referral to SMH services.

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

- That day or the next business day.

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

- The SMH has three full-time dedicated faculty (from the Psychiatry & Behavioral Sciences department) who formally see EVMS students. Counseling is their main duty. All have Ph. D.s

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential?

- Beyond the school Honor Code, the SMH records are kept in a locked drawer in the SMH director's office. Only the students' clinician can access the chart, unless the student designates another viewer in writing.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric serivces available near the medical school, main campus, or both?

- Although not part of a university, EVMS is home to students of public health, physicians' assistants, surgical assistants, and art therapy. Services are available to all students, regardless of program.

6) How does your school fund treatment for students' urgent psychiatric issues?

- Not sure about "urgent" issues, but the services listed above come out of the student health fee, which is included in tuition payments.

7) How does your school make students aware of psychiatric services?

- Students are given a brief presentation and a pamphlet at orientation.

- The Phoenix Committee hosts "good mental health" luncheons with guest speakers, and continually reminds students of its presence through our weekly news bulletin

8) Does your school have mandatory mental health screenings for its students?

- No

Hope this helps. Again, please do not hesitate to ask us for any more details or to get in touch with any representatives.

Virginia Tech Carilion School of Medicine

Hi Amanda,

Here are some responses to your questions below, hope they are helpful.

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

The Dean of Student Affairs. We also have a Director of Counseling and Wellness that is

available to students.

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

The lag time for reaching a psychiatrist is less than 24 hours. The time until the appointment will vary based on the issue.

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

Yes, there is a detailed policy in our student handbook. The Director of Counseling and Wellness also works with students with disabilities. In addition, this person works with nursing and physician assistant students at our affiliated institution The Jefferson College of Health Sciences.

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential?

Psych referrals are made to physicians that are not faculty members. Deans (as well as all faculty members) sign a FERPA confidentiality agreement and are held to the confidentiality that the agreement outlines.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric serivces available near the medical school, main campus, or both?

Services are part of the Carilion Clinic network, services are available at both the medical school and undergrad campus.

6) How does your school fund treatment for students' urgent psychiatric issues?

Health services are the responsibility of the student.

7) How does your school make students aware of psychiatric services?

The student handbook is made available to all students in both hard copy and online, important policies such as student wellness services are reviewed during new student orientation.

8) Does your school have mandatory mental health screenings for its students? No

Wright State University Boonshoft School of Medicine

Hi Amanda,

Wow, this is awful to read. I am so sorry to hear about your classmate. Also, I think it is

wonderful that you all are taking action to try to prevent this from happening to other students.

Here is what we have at WSU-BSOM. We have a mental health champion (a BSOM-grad, trained psychiatrist who works in the Dayton area) who presents to the first years during orientation to offer her services, should we need them. She is the first person we would/should go to. Confidentiality is stressed, and she is a very trustworthy person; she also stresses that the lag time is small, although I cannot say for certain that this is true. However, we do not have a school-specific counselor to meet with students. Our Student Affairs faculty and staff offer to sit with us should we ever need it, but they are not trained in counseling and only one is trained in psychiatry.

During our psychiatric class in our second year, we have at least 1 physician talk to us about personal mental health issues; usually this is a physician who suffers from Bipolar Type 2, and he discusses outlets and services for medical professionals.

I have no idea how funding for urgent issues is handled. We do not have mandatory mental health screenings, although I think that is a great idea.

Good luck with your work, and please feel free to contact me with questions.

Baylor

Hi here are the answers for Baylor:

1) Who is the FIRST person a student would most likely approach at your school when seeking mental health assistance?

-there is a number for the Student Counseling Service that we can call

2) If a student meets with a counselor and needs a referral to schedule an appointment with a psychiatrist, what is the lag-time in reaching a psychiatrist?

-I don't know. I think it depends on the severity of their acute issue.

3) Does your school have an informal or formal policy for helping students with mental health issues? (i.e., has a staff member been designated to handle these issues? Does this person have a number of duties at your school or is counseling students his/her primary duty?)

-There is a person that couseling students (or the organization of it) is their primary responsibility and there are many psychology interns that are available to be seen. But the only day that they see students on is Wednesday.

4) How does your school ensure that if a student shares his/her mental health concerns with a dean, school counselor, or psychiatrist this information is confidential? -They emphasize that it is confidential during medical school orientation.

5) Are your psychiatric care services for medical students only, or are they part of a larger university service network? Also, if your medical campus is geographically separated from a main university campus, are psychiatric serivces available near the medical school, main campus, or both?

-They are part of a larger university service network. The psychiatric services are technically still on campus at a clinic with dermatology, plastic surgery, and ophtho, but you have to

take a bus which stops running after business hours and parking is a cost.

6) How does your school fund treatment for students' urgent psychiatric issues? -I know our school has an emergency fund for student emergencies but I don't know if this is applied to pyschiatric emergencies.

7) How does your school make students aware of psychiatric services? -Very talked about during orientation during first year

8) Does your school have mandatory mental health screenings for its students? -No