

1. Does your school have a peer advising program?

Response Count	Response Percent	
10	37.0%	Yes, it is required
14	51.9%	Yes, it is optional
3	11.1%	No
0	Other (please specify)	
27	answered question	
0	skipped question	

2. Are all students required to participate in the peer advising program AS ADVISORS?

	Response Percent	Response Count
First year students	8.3%	1
Second year students	91.7%	11
Third year students	16.7%	2
Fourth year students	41.7%	5
	Other (please specify)	9
	answered question	12
	skipped question	15

3. Are all students required to participant AS ADVISEES? Response Response Percent Count First year students only 83.3% 15 Second year students only 11.1% 2 Third year students only 0.0% 0 Fourth year students only 5.6% 1 answered question 18 skipped question 9

4. What factors are considered in assigning peer advisors to students? Response Count Response Count 22 answered question 22 skipped question 5

5. Do you have any incentives built into your program for peer advisors? Response Response Percent Count Yes 20.8% 5 79.2% No 19 Other (please specify) 7 answered question 24 skipped question 3

6. Do the peer-student advising assignments remain consistent throughout all four years of medical education?

Response Count	Response Percent	
13	68.4%	Yes
6	31.6%	No
7	Other (please specify)	
19	answered question	
8	skipped question	

7. Are faculty members involved in the peer advising program and, if so, in what capacity?

	Response Percent	Response Count
Yes	65.2%	15
No	34.8%	8
	Other (please specify)	14
	answered question	23
	skipped question	4

8. How is your peer advising program managed? Response Response Percent Count Core group of students 60.9% 14 School administrator 73.9% 17 Other (please specify) 3 answered question 23 4 skipped question

. How is your peer advisin	g program structured?		
		Response Percent	Respons Count
one on one meetings		78.3%	1
advisor-group meetings (if group, please specify the typical group size in the text box below)		43.5%	1
email communication		78.3%	1
social media (facebook, twitter)		26.1%	
participation in extracurricular activities		43.5%	,
		Other (please specify)	
		answered question	2
		skipped question	

10. How frequently do peers meet with their peer advisees?				
		Response Percent	Response Count	
Weekly		6.7%	1	
Monthly		80.0%	12	
once per semester		53.3%	8	
		Other (please specify)	14	
		answered question	15	
		skipped question	12	

11. Do you have a tracking program for documentation of advising sessions?

	Response Percent	Response Count
Yes	13.0%	3
No	87.0%	20
	answered question	23
	skipped question	4

12. How is your peer advising program evaluated?	
	Response Count
	17
answered question	17
skipped question	10

13. Are students satisfied with the effectiveness of peer advising? Response Count 16 16 17 skipped question 11

14. Do you have any recommendations for structuring a peer advising program at our school?	
	Response Count
	14
answered question	14
skipped question	13

Q2. Are all students required to participate in the peer advising program AS ADVISORS?			
1	Everyone is expected to participate, individual students are not specifically identified as advisors	Apr 14, 2013 8:29 PM	
2	No	Apr 12, 2013 2:06 PM	
3	If this is concerning the peer couseling program for people experiencing problems in school or their personal life their is a peer advocate liason team that is selected for each class. If this refers to guidance through medical school, we have recently established a "housing system" in which you "live" four all four years of medical school. These houses are composed of members of all 4 classes and have advisors from the clinical and basic science faculty that guide the various activities. There are 1st and second year house gatherings, 3rd and 4th year gatherings and so on.	Apr 12, 2013 10:00 AM	
4	Not sure about third/fourth years	Apr 11, 2013 10:04 PM	
5	No they are not. They choose to be	Apr 11, 2013 6:56 PM	
6	Informal buddy system - strongly suggested you meet up at least once, but usually dies out a month into the school year.	Apr 11, 2013 6:04 PM	
7	MS2s and MS4s can participate, but it is optional.	Apr 11, 2013 5:51 PM	
8	MS2s and MS4s can participate, but it is optional.	Apr 11, 2013 5:50 PM	
9	Not required, volunteer	Apr 11, 2013 4:56 PM	

Q4. V	Vhat factors are considered in assigning peer advisors to students?	
1	M1/M2 matches are done before school begins by 2 M2 students. I believe they take into account whether the student drinks alcohol, where they are from, and other "personality" characteristics.	Apr 22, 2013 2:23 PM
2	M1s fill out an interest form at the end of year 1. The fourth years are assigned to upcoming 2nd years with similar interests.	Apr 15, 2013 11:06 AM
3	Students from each class are randomly selected to form the peer advising groups	Apr 14, 2013 8:29 PM
4	random	Apr 13, 2013 7:50 PM
5	random selection	Apr 13, 2013 2:35 PM
6	Random matchups between upper and lower years	Apr 13, 2013 2:09 PM
7	Location of origin, undergraduate degree, special interests and hobbies	Apr 12, 2013 2:06 PM
8	We have a matching making process with things like background, career interests, etc.	Apr 12, 2013 11:27 AM
9	participating first and second years fill out a survey including where they're from, undergraduate college, undergraduate major, and interests	Apr 12, 2013 10:33 AM
10	Their availability, also if they are in the same house. First years are expected to attend all activities and the required attendance drops starting 3rd year.	Apr 12, 2013 10:00 AM
11	Interests, hobbies, family, medical specialty. Students are allowed to rank what's most important to them in hopes of matching students with the same interests. Advisors/Advisees are allowed to preference a student by name.	Apr 11, 2013 10:04 PM
12	All second years get one or more first years and are matched first on preference (if they know someone) then by similar qualities and we have them fill out similar questionairres	Apr 11, 2013 8:38 PM
13	Student interests, college attended, medical interests, residence before med school, other things like movie, music, activities, movies, etc	Apr 11, 2013 6:56 PM
14	We have MS2 students (voluntary participation) as peer advisors to incoming MS1 students (required participation). They are matched based on interests, undergraduate/graduate institution, and what they would like to have in an advisor/advisee relationship. Participation beyond that first year is completely optional.	Apr 11, 2013 6:52 PM
15	Within our houses (learning communities). Plans to individually match up buddies so they match personally as of next year.	Apr 11, 2013 6:04 PM
16	Peer advisors are MS2s for social/emotional aspects, and MS4s/faculty for more career advising.	Apr 11, 2013 5:51 PM
17	Peer advisors are MS2s for social/emotional aspects, and MS4s/faculty for more career advising.	Apr 11, 2013 5:50 PM
18	Undergraduate university, hometown, previous career	Apr 11, 2013 5:46 PM

Q4. What factors are considered in assigning peer advisors to students?19Personal life (e.g. married vs. single), where they are fromApr 11, 2013 5:21 PM20RandomApr 11, 2013 4:56 PM21Willingness to be a mentorApr 11, 2013 4:54 PM22Gender, hometown, specialty interests, hobbiesApr 11, 2013 4:49 PM

Q5. Do you have any incentives built into your program for peer advisors?			
1	It's just really fun. And a big part of our yearly traditions.	Apr 22, 2013 2:23 PM	
2	free food at buddies events	Apr 13, 2013 2:35 PM	
3	Students are at a loss if they don't get to know their advisors; advisors often have insight into classes and have books that advisees can borrow.	Apr 11, 2013 10:04 PM	
4	It's fun to do	Apr 11, 2013 6:56 PM	
5	They can take a longitudinal elective their fourth year; they get two extra weeks of vacation if they do.	Apr 11, 2013 5:51 PM	
6	They can take a longitudinal elective their fourth year; they get two extra weeks of vacation if they do.	Apr 11, 2013 5:50 PM	
7	free dinner	Apr 11, 2013 4:49 PM	

Q6. Do the peer-student advising assignments remain consistent throughout all four years of medical education?		
1	It is only for 1 year.	Apr 15, 2013 11:06 AM
2	excepting that new students are added to existing groups as others graduate	Apr 14, 2013 8:29 PM
3	Yes - it is a Big Sib/Little Sib type program that ties into our advising and academic societies (sibs are in the same society and have the same advisor)	Apr 12, 2013 10:33 AM
4	Not sure.	Apr 11, 2013 10:04 PM
5	once a Big always a Big	Apr 11, 2013 8:38 PM
6	As much as the advisor and advisee care to stay involved. I would say the responsibility is on the advisee to get ahold of the advisor	Apr 11, 2013 6:56 PM
7	It's really only for first years as they first come here	Apr 11, 2013 5:21 PM

Q7. Are faculty members involved in the peer advising program and, if so, in what capacity?

1	Not neccessariliy a faculty member, but a physician affiliated with the school.	Apr 23, 2013 11:11 AM
2	Every "family" has a faculty mentor.	Apr 22, 2013 2:23 PM
3	each group has a faculty facilitator	Apr 14, 2013 8:29 PM
4	You can request to have a specific faculty "mentor"	Apr 13, 2013 2:09 PM
5	assigning advisers to advisees	Apr 12, 2013 1:07 PM
6	peer advising pairs share the same faculty advisor	Apr 12, 2013 10:33 AM
7	They are the ones who create the questionaire that matches up peer mentor/mentees interests; however, students are not requited to fill this out, but will be assigned to a student mentor/mentee regardless of its completion.	Apr 11, 2013 10:04 PM
8	we have a seperate faculty advising program where one faculty is assigned to around 7-8 students	Apr 11, 2013 8:38 PM
9	Unsure	Apr 11, 2013 6:56 PM
10	Our house mentors match up - that is the mentor for the mentor is the same as the mentor for the mentee (all within the same house). Each faculty member has 6 students per year assigned to them	Apr 11, 2013 6:04 PM
11	Career mentoring primarily.	Apr 11, 2013 5:51 PM
12	Career mentoring primarily.	Apr 11, 2013 5:50 PM
13	Student Affairs office matches advisors and advisees	Apr 11, 2013 5:46 PM
14	Students have a student mentor and a faculty mentor	Apr 11, 2013 4:54 PM

Q8. How is your peer advising program managed?A group of 4th years make the assignmentsApr 15, 2013 11:06 AM2I believe second year STUCO reps match up students based on these interests.Apr 11, 2013 10:04 PM3Different group of second year students each year.Apr 11, 2013 6:52 PM

Q9. How is your peer advising program structured?		
1	The advisor is free to meet students wherever it is convenient- nothing structured.	Apr 23, 2013 11:11 AM
2	"Vital signs" groups consist of multiple M1-M4 families and 1 faculty mentor. Probably 10-15 students.	Apr 22, 2013 2:23 PM
3	16 students	Apr 12, 2013 10:00 AM
4	"Greek" olympics type games, one on one meetings, faculty are group and email and one on one meetings. It is what you make it for the Big little program we have for the 1st and 2nd years.	Apr 11, 2013 8:38 PM
5	Really anyway. You meet orientation week and then email, Facebook, face to face whatever works with schedules	Apr 11, 2013 6:56 PM
6	We also have meetings roughly once a month where the MS4s lead and the MS1s/MS2s are invited to come.	Apr 11, 2013 5:51 PM
7	We also have meetings roughly once a month where the MS4s lead and the MS1s/MS2s are invited to come.	Apr 11, 2013 5:50 PM
8	Faculty is via advisor group, while student-student is via email/Facebook	Apr 11, 2013 4:54 PM

Q10. How frequently do peers meet with their peer advisees?		
1	The only requirement is for MS4s to grade 4 H&Ps written by the 2nd years. Beyond that it is up to the students how much interaction they have.	Apr 15, 2013 11:06 AM
2	groups may decide to meet as frequently as they like	Apr 14, 2013 8:29 PM
3	varies based on needs but not likely to be consistent between pairs	Apr 13, 2013 7:50 PM
4	We have one mandatory meeting at the beginning of the year. Subsequent meetings are held on a group by group basis.	Apr 12, 2013 2:06 PM
5	depends on arrangement. No requirements.	Apr 12, 2013 1:07 PM
6	as needed	Apr 12, 2013 11:27 AM
7	Meetings of the peer mentor/mentees is not required, but personally, I like to chat with my mentor before the beginning of a new course to ask questions about course directors and to borrow any books.	Apr 11, 2013 10:04 PM
8	Depends on schedules	Apr 11, 2013 6:56 PM
9	Completely at the discretion of the advisor/advisee	Apr 11, 2013 6:52 PM
10	Rouhgly once a month, more if that peer group decides to meet up outside of school.	Apr 11, 2013 5:51 PM
11	Rouhgly once a month, more if that peer group decides to meet up outside of school.	Apr 11, 2013 5:50 PM
12	Really up do each individual pair	Apr 11, 2013 5:46 PM
13	As much as the advisee wants	Apr 11, 2013 5:21 PM
14	As needed, organized	Apr 11, 2013 4:54 PM

Q12. How is your peer advising program evaluated?		
1	No evaluations.	Apr 23, 2013 11:11 AM
2	By student feedback obtained each block and throughout the LCME accreditation process	Apr 14, 2013 8:29 PM
3	student feedback - not formal, however if students felt they needed more peer direction its always available. our school is very much peer to peer oriented. a lot of communication between upper level and lower level students occur, our rotations aren't spread out, and our campus is very centralized which offers opportunities for interaction without requiring much formalization.	Apr 13, 2013 7:50 PM
4	it isn't	Apr 13, 2013 2:35 PM
5	End of year email evaluation	Apr 12, 2013 2:06 PM
6	To my knowledge it is not	Apr 12, 2013 11:27 AM
7	I don't think it is yet - that's one thing we're trying to work on.	Apr 12, 2013 10:33 AM
8	Via a survey system at the end of the year	Apr 12, 2013 10:00 AM
9	It is not.	Apr 11, 2013 10:04 PM
10	Faculty are evaluated but not sure how M1 to M2 is not evaluated	Apr 11, 2013 8:38 PM
11	I don't believe it is	Apr 11, 2013 6:56 PM
12	It is not evaluated. We are looking into the possibility of a more formal system through the use of 'learning communities'.	Apr 11, 2013 6:52 PM
13	We send out occasional surveys.	Apr 11, 2013 5:51 PM
14	We send out occasional surveys.	Apr 11, 2013 5:50 PM
15	It isn't evaluated	Apr 11, 2013 5:21 PM
16	Student mentors are not evaluated but faculty mentors are evaluated via survey	Apr 11, 2013 4:54 PM
17	It is not	Apr 11, 2013 4:49 PM

Q13.	Are students satisfied with the effectiveness of peer advising?	
1	This is the first year that it has been done. Many students don't attend the meetings.	Apr 23, 2013 11:11 AM
2	somewhat	Apr 14, 2013 8:29 PM
3	overall i would say yes. unless of course they wanted a more structured advising process, then i imagine they wouldn't find the current system entirely suitable.	Apr 13, 2013 7:50 PM
4	People appreciate talking with the buddy but there is no follow through and the timing isn't during key times like when people are choosing what to do for M1 summer, how to study for step 1, how to design M3 and M4 years. And now, only the M1s have advisiors	Apr 13, 2013 2:35 PM
5	Yes	Apr 12, 2013 2:06 PM
6	Yes	Apr 12, 2013 11:27 AM
7	For the most part, yes, but not all peer advising matches hit it off.	Apr 12, 2013 10:33 AM
8	This is the first year we are doing this. Previously only 4th years advised small groups of 1st years. This seems to be working out well thus far.	Apr 12, 2013 10:00 AM
9	Not all students have developed a relationship with the mentor/mentee.	Apr 11, 2013 10:04 PM
10	I am as a first year medical student having both faculty mentors checking up on me and student mentors making sure I am succeding and healthy as well	Apr 11, 2013 8:38 PM
11	Yes. Our school is small enough that students know who to ask for anything they would need, and the assigned person from the year above from when they were an incoming student is always a 'go-to' person if they want to ask a fellow student but aren't sure who to go to.	Apr 11, 2013 6:52 PM
12	Generally no. We are trying to assemble a program next year which better matches up people who want mentors with people who want to be mentors - try and line up interests as well as personalities.	Apr 11, 2013 6:04 PM
13	Overall, I believe so.	Apr 11, 2013 5:51 PM
14	Overall, I believe so.	Apr 11, 2013 5:50 PM
15	Do not know	Apr 11, 2013 5:21 PM
16	Those that have good mentors are satisfied	Apr 11, 2013 4:49 PM

Q14. Do you have any recommendations for structuring a peer advising program at our school?

1	Keep the groups small, find faculty that are excited about mentoring/advising young aspiring med students	Apr 14, 2013 8:29 PM
2	we pair up second years with incoming first years. "big sib/little sib" model. its very casual, and usually the tradition is that any notes/books are passed down.	Apr 13, 2013 7:50 PM
3	Students at our institute don't like to have too many mandatory meetings.	Apr 12, 2013 2:06 PM
4	Try to put flexibility into the program so that students can tailor it to their needs.	Apr 12, 2013 11:27 AM
5	I would say for the most success, make it optional bc students will then actually want to do it, rather than having it seem as another requirement/chore.	Apr 12, 2013 10:33 AM
6	I recommend the housing system in which every grade level has students into each house which is headed by faculty members. If the first years would like to contact someone they have a list of the available 2nd, 3rd, and 4th years available and have met them at the monthly meetings. I think it's a great system to develop friendships and leadership roles between the classes. The "houses" do social outings, service projects, and ethics sessions together.	Apr 12, 2013 10:00 AM
7	I don't know if I would have like the peer advising program if it were required or had monthly or weekly meetings (these would seem cumbersome, and I don't think all students would think it was worth their time). My mentor and I had a few mutual friends outside of med school. He will be my first go to for books and advice. I never hesitate to text him about school; however, this is probably the exception. Other mentor/mentees who actually share books/advice knew each other from undergrad or outside of med school. These students seem to less hesitant in getting to know their mentor/mentee.	Apr 11, 2013 10:04 PM
8	The greek family system works well in undergrad and works suprisingly well in Med school as well. It seems more like a family you are in than simply making one more friend/big brother or sister	Apr 11, 2013 8:38 PM
9	I would suggest thinking about the peer-advising system in the greater context of career/academic advising and wellness/mental health, plus the formation of a stronger identity and community. Having peer advising organized and with incentives for all four years is something we would like to try too. This is an interesting list that might be useful: http://www.healthcare.uiowa.edu/communities/schools-table.html	Apr 11, 2013 6:52 PM
10	Be prepared for some students who are SUPER into it and some that could not care less. If possible, try to avoid matching these two up, as it seems to just create less enthusiasm overall for the program.	Apr 11, 2013 6:04 PM
11	Student-led initiatives have been very helpful at our school; they promote student ownership and have led to strong inter- and intra-class relationships.	Apr 11, 2013 5:51 PM
12	Student-led initiatives have been very helpful at our school; they promote student ownership and have led to strong inter- and intra-class relationships.	Apr 11, 2013 5:50 PM
13	I think that our program is a good start, but lacking in several areas. I would strongly suggest to make the program optional so that only interested students are involved. In addition, I think that having very simple requirements (like 2	Apr 11, 2013 5:46 PM

Q14. Do you have any recommendations for structuring a peer advising program at our school?

meetings a semester or easy to fill out online confirmation of a meeting) would help keep some structure behind the program. Finally, giving advisees tips on what to talk about (for example, taking about homesickness in November or talking about stress during finals week) would help give some advisors clues for topics to cover if they can't think of things to talk about.

14 It should be optional for advisors and there should be brief informational resources for advisors regarding how to help

Apr 11, 2013 4:49 PM