

Creating a Welcoming Environment for Sexual and Gender Minority Students

August 4, 2016

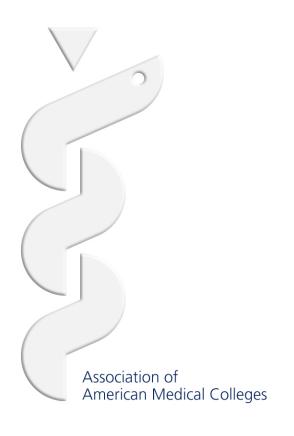
Presenters:

Anne Daul, MD, MPH, FACEP Leon Jones, MD Bobby Kelly, MD Kelly McGarry, MD, FACP Nix Sitkin, MS3 Danny Teraguchi, EdD

Moderator:

Kristen Eckstrand, MD, PhD





Presenters

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Assistant Professor of Medicine Department of Emergency Medicine Emory University School of Medicine

Pronouns: None

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Associate Dean for Student Affairs Elson S. Floyd College of Medicine Washington State University **Pronouns:** He, Him or Zi, Hir

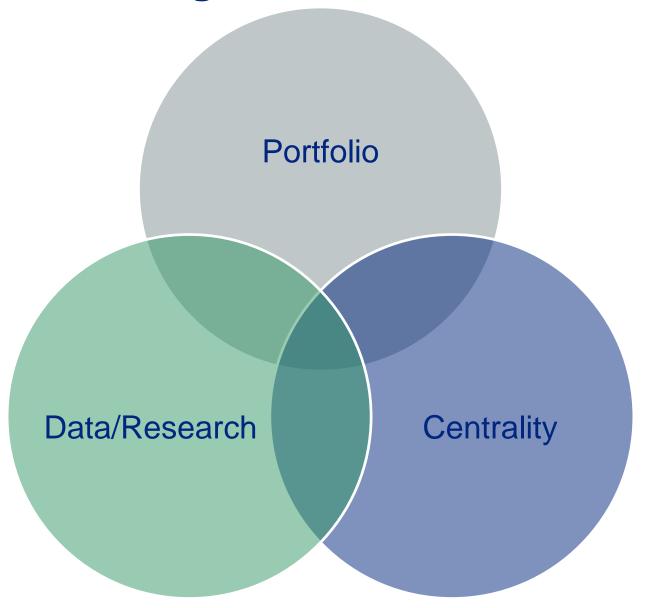


Learning Objectives

- Describe a <u>framework</u> for institutional commitment to sexual and gender minority (LGBTQ+) students.
- Discuss the necessary institutional <u>portfolio</u> of programs and resources to support the success of LGBTQ+ students and improve campus climate for diversity.
- Identify the unique growth opportunities and resources to advance LGBTQ+ priorities at your institution.



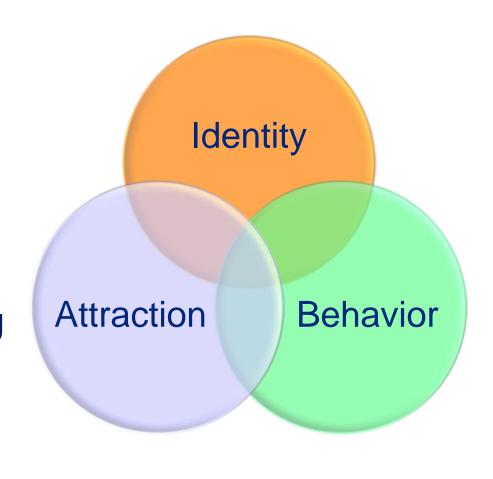
Design of the Webinar





Terminology: Sexual Orientation

- WSW/MSM
- Lesbian/Gay
- Bisexual
- Queer
- Pansexual
- Same-gender loving



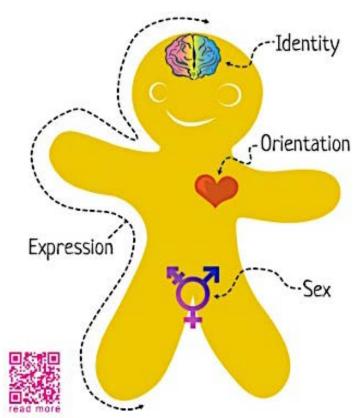
Sexual Minorities



Terminology: Gender

- Woman, man
- Transgender, cisgender
- Genderqueer
- Non-binary
- Two spirit
- Gender variant
- Gender non-conforming





Gender pronouns: she/her, he/his, they/their, zi/zir

Importance & Urgency of Support for SGM: Student Voices





Importance & Urgency of Support for SGM: National Data

In medical school...

- Harassment, threat
- Social support
- Concealment
- Anxiety, depression



And beyond....

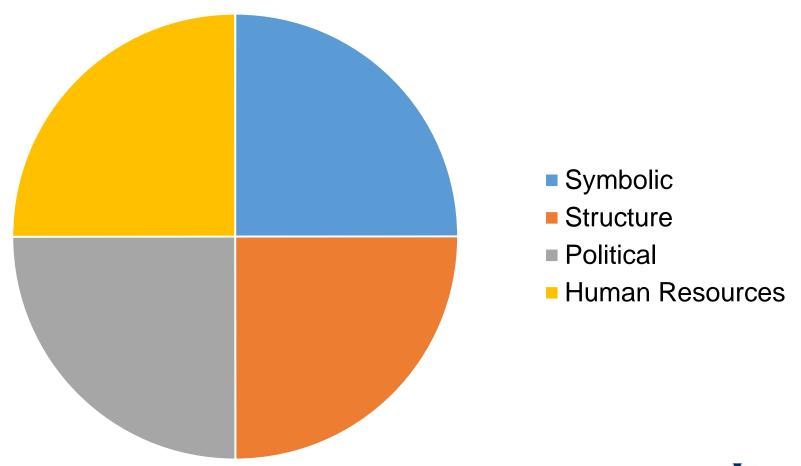
- Choice of medical specialty
- Concealment during residency application
- Experiences of harassment and discrimination in the workplace



Marginalization as a Disease

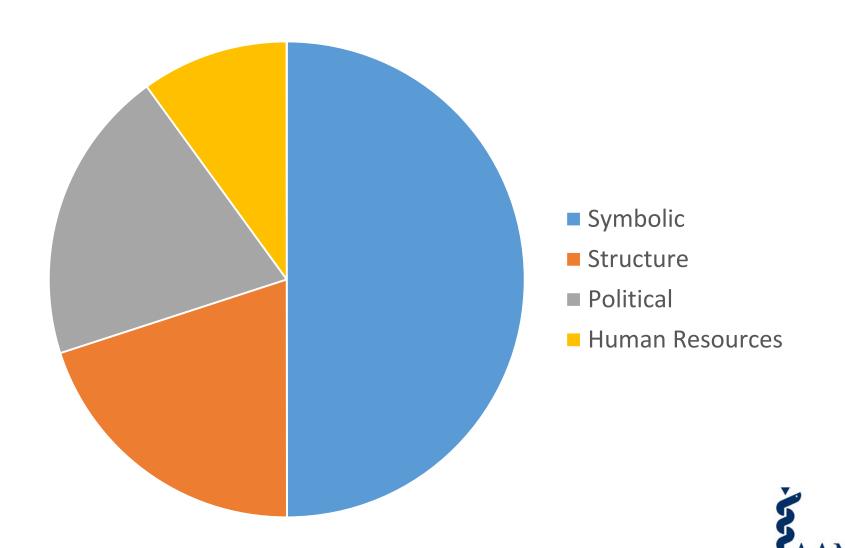


Moving from Marginalization to Centrality





Moving from Marginalization to Centrality: Starting a Movement



Symbolic

 Include "sexual orientation" and "gender identity and expression" in nondiscrimination policy

 Include LGBTQ+ language in ALL institutional policies and procedures (e.g., benefits, health care)





Symbolic

 Diversity statements inclusive of LGBTQ+ in workplace, classroom & healthcare settings

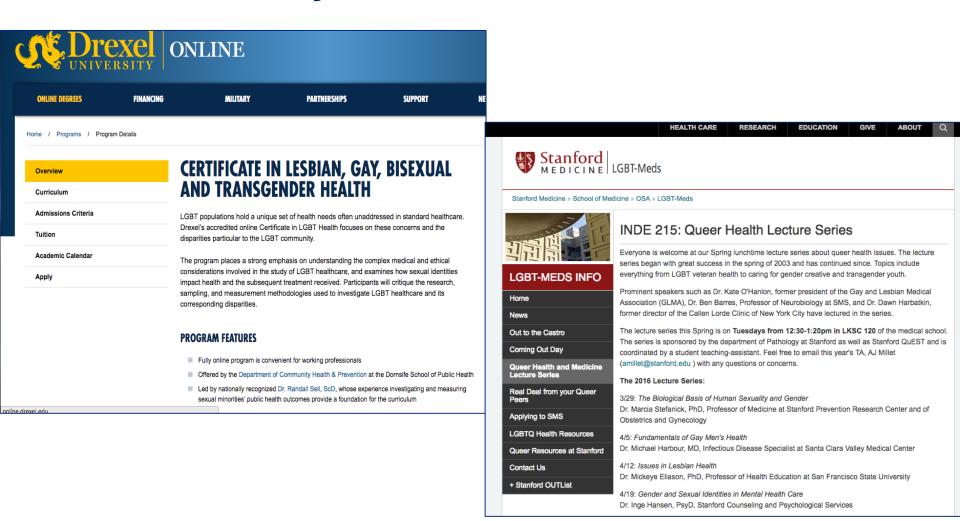
 Allow LGBTQ+ students and employees to selfidentify on institutional surveys and forms, including admissions forms

Recognize LGBTQ+ cultural events



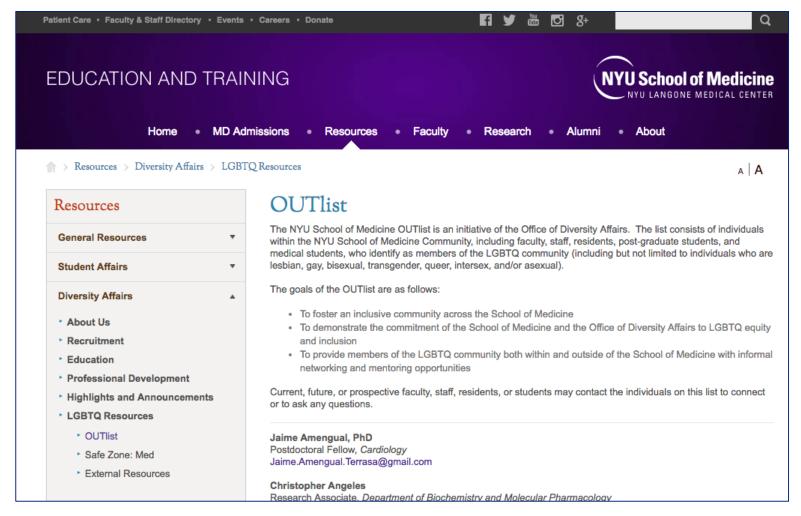


Symbolic & Structure





Political & Symbolic





Political & Structure



Calendars

Resources

Contact Us

qMD is the Geisel School of Medicine's LGBTQQIA (lesbian, gay, bisexual, transgender, questioning, queer, intersex, and ally) interest group. We are a social club and meet regularly to have dinners and movie nights, as well as discuss LGBTQQIA-relevant health issues and navigate the queer-friendly social opportunities available in the Upper Valley. All are welcome. We encourage a healthy dialogue about the intersections between sexual orientation, gender identity, the health care system, and our role as future medical practitioners.

- Core Competencies
- The Concerns in Medical Education

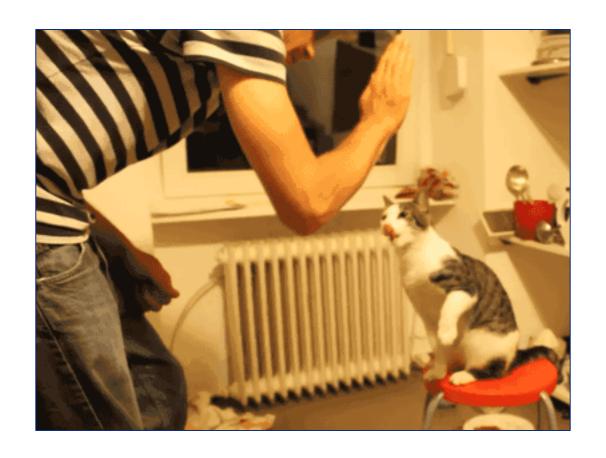
For more information, contact Yike Jiang at Yike.Jiang.DM@gmail.com

For more information on Geisel's GLBT student community, click here.



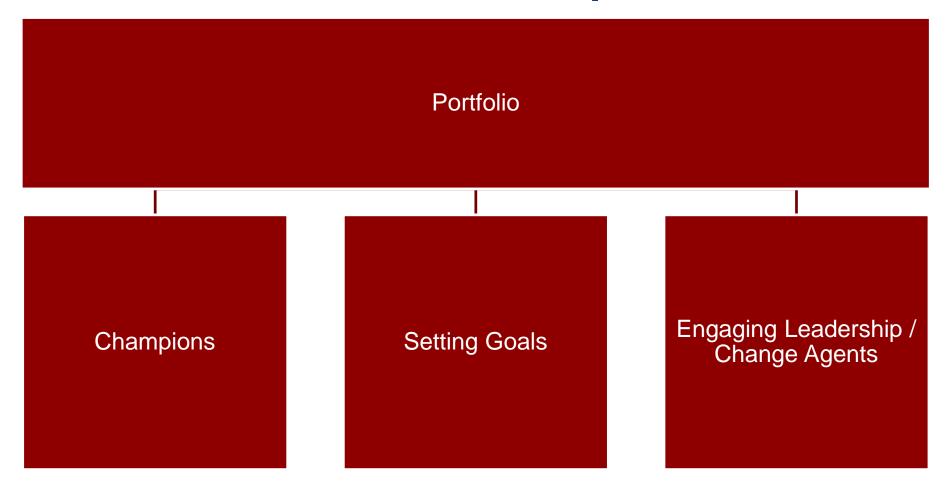
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Human Resources



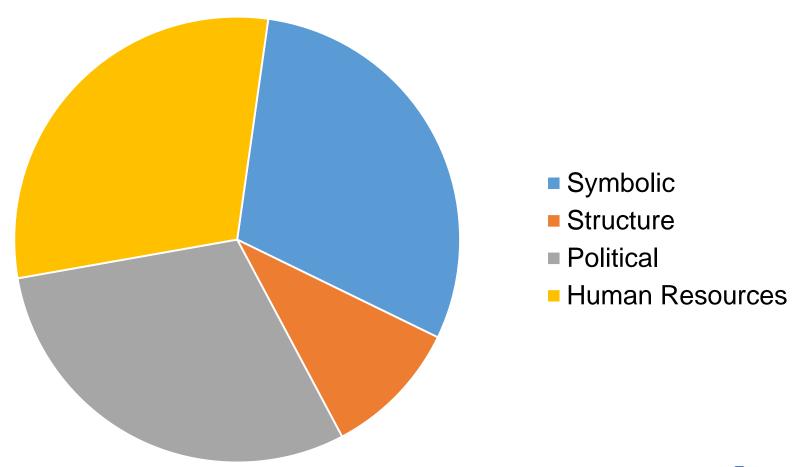


Portfolio Development



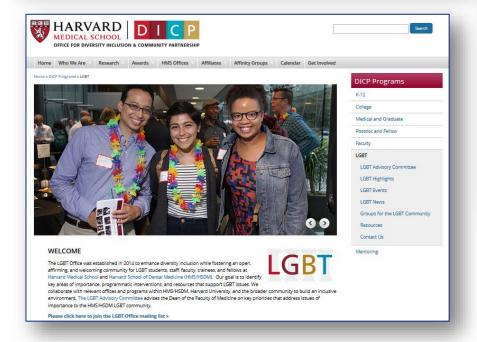


Moving from Marginalization to Centrality: Building an Infrastructure









Human Resources & Structure





Structure





Structure & Symbolic

Normalization of spectrum of human sexual orientation and gender within education:

- Inclusive language
- Integration of LGBTQ+ topics throughout mandatory curriculum
- Evolve beyond "typical" areas for LGBTQ+ educational content
- Ongoing faculty development



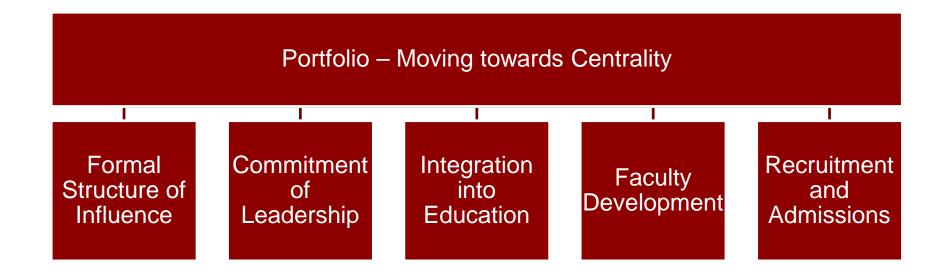
Political & Structural

- Admissions & Recruitment beyond non-discrimination
- Inclusion of LGBTQ+ in institutional definition of diversity
- Accessible, visible support for LGBTQ+ students, faculty and staff
- Engagement of institutional leadership with internal LGBTQ+ community



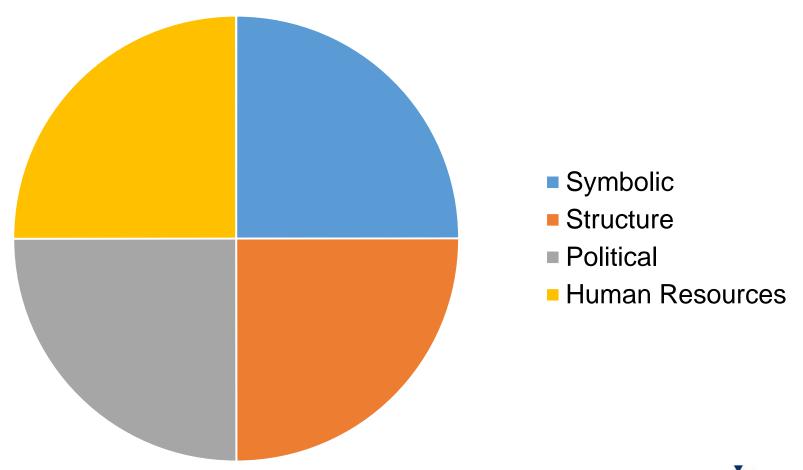


Portfolio Development: Next Phase



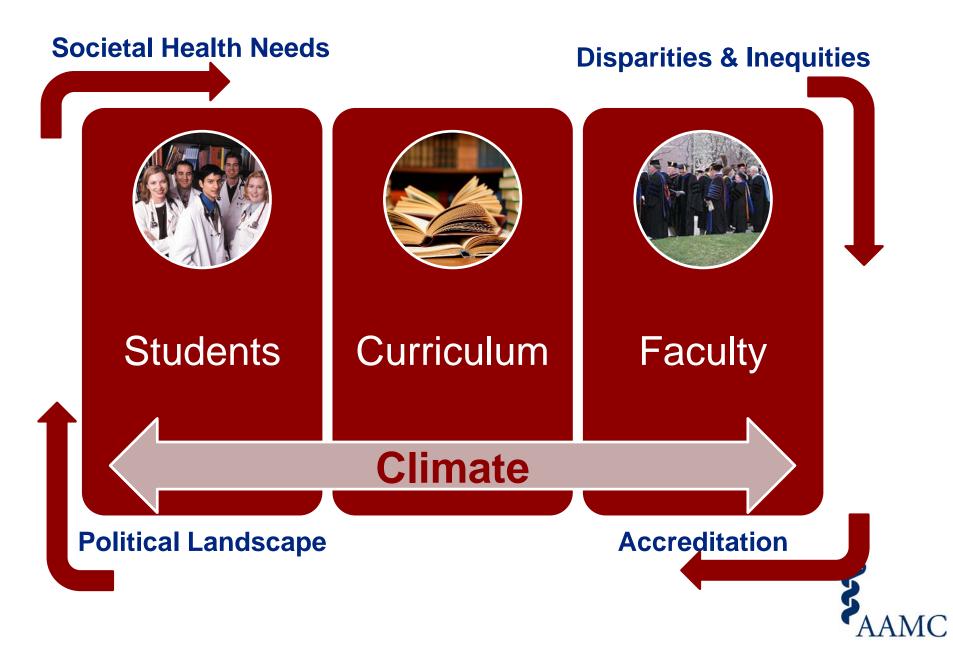


Moving from Marginalization to Centrality: Sustainability





Macro and Micro Perspectives



Political and Symbolic: Accreditation

How do we assess LGBTQ+ <u>educational experiences</u> with the goal of ongoing quality improvement?



LCME Element 7.6: Cultural Competence and Health Care Disparities (Previously ED-21 and ED-22)

The faculty of a medical school ensure that the medical curriculum provides opportunities for medical students to learn to recognize and appropriately address gender and cultural biases in themselves, in others, and in the health care delivery process. The medical curriculum includes instruction regarding the following:

- The manner in which people of diverse cultures and belief systems perceive health and illness and respond to various symptoms, diseases, and treatments
- The basic principles of culturally competent health care
- The recognition and development of solutions for health care disparities
- The importance of meeting the health care needs of medically underserved populations
- The development of core professional attributes (e.g., altruism, accountability) needed to provide effective care in a multidimensional and diverse society

MEDICAL EDUCATION

2015 National Data

Question 49.10: Indicate the number that best represents your confidence in your current ability to demonstrate sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, ability, and sexual orientation.

Scale range from 0%=no confidence to 100%=complete confidence.

0%-60%	70%	80%	90%	100%	Mean	Count
2.5%	4.8%	13.9%	30.6%	48.1%	9.1%	13,963



2015 National Data

Question 14.1: Based on your experiences, indicate whether you agree or disagree with the following statement: My knowledge or opinion was influenced or changed by becoming more aware of the perspectives of individuals from different backgrounds.

Scale: 1=Strongly Disagree to 5=Strongly Agree

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Mean	Count
1.0%	2.1%	11.5%	47.7%	37.7%	4.2	14,435



2015 National Data

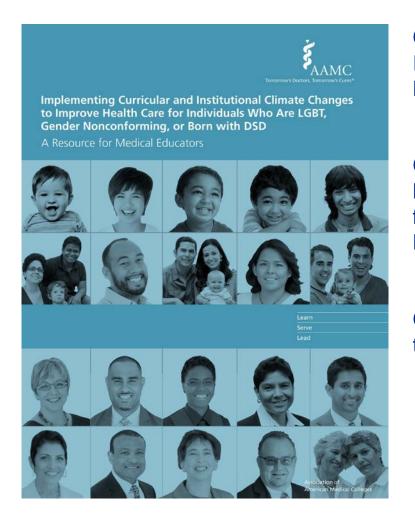
Question 14.2: Based on your experiences, indicate whether you agree or disagree with the following statement: The diversity within my medical school class enhanced my training and skills to work with individuals from different backgrounds.

Scale: 1=Strongly Disagree to 5=Strongly Agree20

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Mean	Count
4.1%	10.2%	23.7%	35.8%	26.2%	3.7	14,454



AAMC LGBT, Gender Nonconforming, and DSD Medical Education Guide



Chapter 3: Professional Competency Objectives to Improve Health Care for People Who Are or May Be LGBT, Gender Nonconforming, and/or Born with DSD

Chapter 4: How to Integrate Competencies into Medical School Curricula to Improve Health Care for People Who Are or May Be LGBT, Gender Nonconforming, and/or Born with DSD

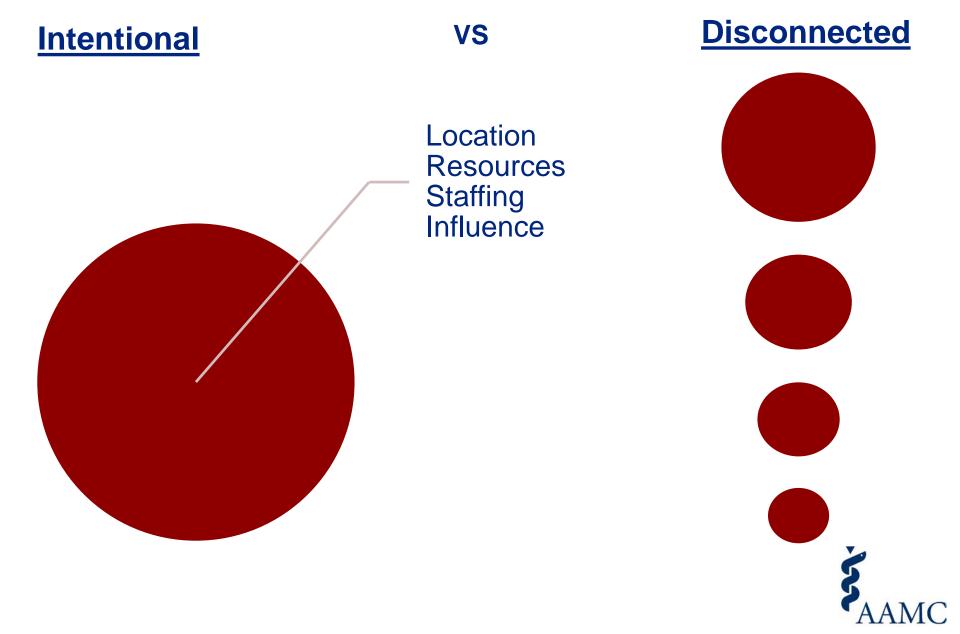
Chapter 6: How to Assess Learners and Evaluate the Impact of Curricular and Climate Initiatives

Available online: http://www.aamc.org/lgbtdsd



Implementing Curricular and Institutional Climate Changes to Improve Health Care for Individuals Who Are LGBT, Gender Nonconforming, or Born with DSD: A Resource for Medical Educators. Accessed at www.aamc.org/lgbtdsd.

Political: Medical School Seen as a Partner



Structure and Symbolic: Data and Outcome Tracking

Admissions

- Opportunity to select important salient identities
- Language: demonstrate gender isn't binary, use of pronouns.
- Connection of identities, experiences, and attributes to mission driven outcomes

Outcomes

- Curricular Innovations
- More robust research agenda
- Service patterns
- Improved patient health
- Competencies



Political and Symbolic: Data

How do we know our institutional climate is appropriate?



2015 National Data

Accessed at: https://www.aamc.org/download/440552/data/2015gqallschoolssummaryreport.pdf.

Question 38.14: During medical school, how frequently have you been denied opportunities for training or rewards based on sexual orientation?

Never	Once	Occasionally	Frequently	Count
99.5%	0.2%	0.3%	0.1%	13,853

Question 38.15: During medical school, how frequently have you been subjected to offensive remarks/names related to sexual orientation?

Never	Once	Occasionally	Frequently	Count
97.9%	0.9%	1.1%	0.1%	13,854

Question 38.16: During medical school, how frequently have you received lower evaluations or grades solely because of sexual orientation rather than performance?

Never	Once	Occasionally	Frequently	Count
99.6%	0.2%	0.1%	0.1%	13,832

Human Resources and Structure: Curricular Innovations

Ongoing Educational Opportunities:

- Leadership/Development
- Education/Scholarship Scholarly
 Concentration in LGBTQ+ Health
- Faculty mentors with salary coverage
- Integration across the curriculum
- Curriculum framework that specifies commitment to LGBTQ+ Health



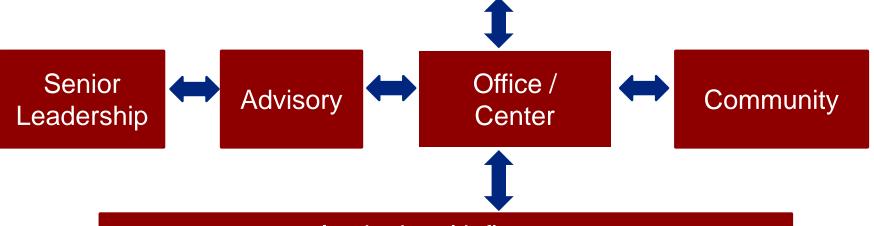
Human Resources and Structure: Curricular Innovations





Human Resources and Structure

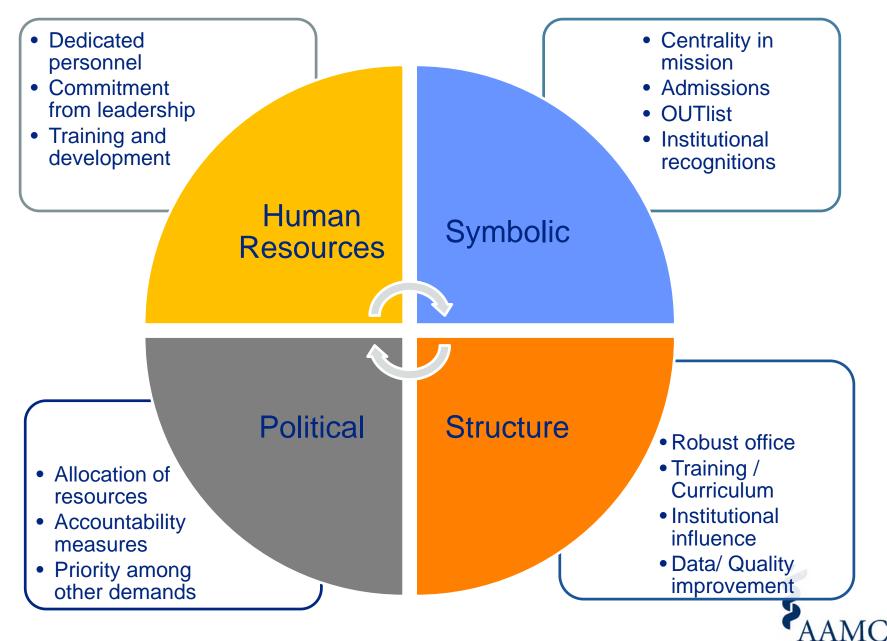
Leadership development
Education / scholarship
Campus climate
Patient satisfaction + Health outcomes
Faculty recruitment and retention



Institutional influence
Community building
Education / training
Scholarship / data
Access / success (students, faculty, and administrators)
Community connection



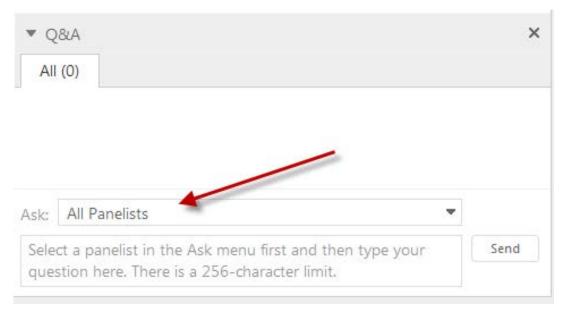
Moving from Marginalization to Centrality: Sustainability



Questions

Please use the **Q&A panel** located on the right side of your screen to submit your questions. Send your questions to "All Panelists".







National Data: Citations

- More likely to report verbal insults, harassment or threats, isolation in medical school. (Przedworski, 2015)
- LGBT and first-to-attend-college medical students report the least social support of any social groups. (Grbic, 2015)
- 30% SM and 60% of GM students conceal SO/GI in medical school (Mansh, 2015)
 - Most common reasons for concealment: "nobody's business" (61%), Fear of discrimination in medical school (44%), social or cultural norms (41%), concern over career options (37%), and fear of discrimination in residency (37%)
- More likely to experience anxiety disorders in medical school (Przedworski, 2015; Lapinski 2014)
- 2x as likely to experience depression in medical school (Przedworski, 2015; Lapinski 2014)
- 89% of SGM surgical residents did not disclose SO/GI when applying to residency; 30% of SGM surgical residents did not disclose *explicitly* due to fear of not being accepted into a general surgery program; 23% *advised by faculty* to conceal SO/GI. (Lee, 2007)
- Over 2/3 of lesbian and gay students report considering of how others might perceive them as a SGM physician as influencing their specialty choice (Oriel, 1997)
- Prestigious specialties (i.e. higher income, more competitive entry) perceived as less SGM-inclusive by SGM in medicine. Percentage of SGM in each specialty inversely related to specialty and positively related to perceived SGM inclusivity. (Sitkin, Under Review)

Student Voices



The hardest part about being a queer-identifying medical student isn't necessarily just a lack of official LGBTQ-oriented curricula -- it's the "unwritten" curriculum that is so disheartening. It's the fact that many of my gay male classmates felt pressured to act straight during medical school orientation, even when they were comfortably out in undergrad. It's the fact that my anesthesiology resident referred to a transgender patient as 'it' and 'he-she' as soon as they were sedated. It's the fact that my lesbian classmate grew out her short hair before clinical rotations because she didn't want her identity to affect her evaluations. It's the fact that my transgender classmate is scared that her transition will stop her from matching into residency. Despite all the well-meaning efforts to incorporate more LGBTQ training into medicine, more modules won't be enough. We need to address and drastically alter the attitudes in the medical hierarchy that stop queer medical students from feeling like they are in a safe space.

One of the most important factors for me when choosing between medical schools was not only having a large and supportive LGBTQ student community, but also knowing that there were people like me within the school's administration and faculty that I could turn to for support and mentorship. Our LGBTQ student group has worked a lot with our administration over the past year to improve the LGBTQ content in our curriculum, and having LGBTQ and allied faculty on our side makes the process feel more like a partnership as opposed to an us-versus-them kind of situation.



As a lesbian, I have often felt frustrated by the lack of support for LGBTQ people in the medical school. Both on a curricular level and a social level, there are many gaps in my experience here that I think would have been ameliorated with closer attention to the ways in which queer people are marginalized by the medical community. For example, I have been extremely frustrated by the silence of the medical school curriculum on trans issues. I have asked about health issues specific to trans people numerous times and I've consistently been met with hesitation or outright ignorance on the part of faculty. The curricular attempts to educate students about LGBTQ issues exclusively focus on MSM. Furthermore, on a social level, the lack of visibility of queer students and faculty has often made me feel marginalized. My undergraduate college celebrated queer identities in a way that the medical school never has. I feel silenced here. at times I have intentionally stayed in the closet because of the pervasiveness of the heteronormative assumptions that people make, which create a culture in which being gay is a subversion from the norm. As such, I do not always feel safe in my identity here.

Last week, I ran into my attending at a restaurant. We hugged and talked excitedly about our upcoming rotation together. Then I introduced him to my girlfriend who was sitting next to me. He went "ohhh" and walked away without saying another word. Now I'm worried about my upcoming rotation with him.

(Lesbian-identified MS3)



In our medical ethics course, we were poised with multiple scenarios to advocate for both parties with opposite opinions. Most scenarios were things like withdrawing life support for a parent with limited hope for recovery. One was a case of an in vitro fertilization clinic that refused to provide services to a lesbian couple. The course directors made no statement about how this was an example of clear discrimination (the real lesbian couple actually won a lawsuit against the clinic) — that there was a clear answer—and it sent a pretty terrible message about what is acceptable for a physician



As a queer student, I am constantly asked to clarify misunderstandings about gender and sexual orientation. I am often to lone voice of dissent when a professor uses incorrect pronouns or makes statements that erase queer identities. Luckily I am in an organization that wants to do it right, but the basic knowledge level of the faculty and practitioners is low.



One of the most difficult aspect of being a lesbian medical student was having to listen to my supervising physicians say disparaging comments about LGBT individuals, not realizing they were actually talking about me. The hierarchal structure of medicine in which saying something may lead to negative evaluations makes it very difficult to stick up for not only your own, but also your patients' rights.



I am a bisexual, cis-female, pre-clinical medical student. My experience has been that, while my classmates are in general very progressive and supportive, as are the staff and faculty dedicated to student support and diversity, it is not equally comfortable to be out around older faculty. I also find that older faculty are the least informed about LGBT issues (particularly trans issues) and I wish there was a way to "teach up," but there is very little forum for it in medical school. In addition, in the transition from college to graduate/professional school, planning for work-life balance and balancing career with the needs of partners and family is a greater part of the advice and mentoring I receive, which sometimes forces me to come out. This is even more complicated for me because I'm in a polyamorous relationship, and am committed to more than one partner. I wish that there were more faculty who were visibly out or allies that I could feel comfortable having those conversations with. I think it's wonderful that our school recognizes LGBT students as a diversity group/underrepresented in medicine. However, our group exists in a sort of limbo because no national organization or group of medical schools seems to consider LGBT at a URM category, and LGBT admission statistics are not collected nor reported by anyone. It's even more complicated because not everyone who is LGBT is out, the way that most are "out" about their race category, etc.

I want to hear from now residents how they handled being out during their 3rd year or during their residency applications. But I don't have any vehicle for meeting these people.



Going to medical school is a full time job. Providing all student support, facilitating networking between medical students, residents and faculty, and counseling and mentoring opportunities should not fall completely on students. We need administrative support.







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