What Can the FIRST Program Do For You and Your Students?

The AAMC’s Financial Information, Resources, Services, and Tools (FIRST) Program works to empower students by providing student loan and money management information and resources that will enable them to borrow wisely and repay their loans responsibly.

FIRST can help you meet federal regulations and support your institution’s mission by:

- Conducting debt management and repayment strategy workshops and presentations
  
  Topics include:
  
  - Repayment Strategies
  - Money Management During Medical School
  - Money Management During Residency
  - Credit and Budgeting
  - Behavioral Economics
  - AAMC Financial Wellness
  - Customizable presentations

- Engaging with students through individual or group meetings/one-to-one counseling sessions

- Providing consultation services for medical school financial aid administrators

- Creating resources to assist with meeting federal loan counseling requirements

If you have additional questions or would like to schedule a guided tour of FIRST resources and the Financial Wellness program or to schedule a presentation or workshop, contact FIRST at first@aamc.org.