

## Toolkit Guide

### Background and Objectives:

Events in Baltimore and elsewhere have rekindled the ongoing national dialogue about social injustice. AAMC, in collaboration with Johns Hopkins University the University of Maryland, Baltimore and Baltimore based community groups conducted 17 video-recorded interviews with Baltimore city residents about their perspectives about their communities' health and how doctors, medical students and researchers can address social determinants and social injustice.

We encourage you to use this toolkit to spark conversations at your institution about how to engage local community residents and families in your clinical, research and education missions to improve community health and close health and health care gaps.

The 2016 AAMC Communities, Social Justice and Academic Medical Centers Toolkit features videos, resources, discussion questions that various stakeholders and academic health centers can use to:

- Reflect on the perspectives of Baltimore residents about how the academic medical community can better address the social determinants of health.
- Develop an initial list of actions you and your institution can take to engage communities to improve the health and well-being of all.

### Intended Audience:

- Community Members and Leaders
- Medical Students
- Physicians
- Policy Makers and Politicians
- Public Health Practitioners
- Researchers
- Hospital and Health System Leaders

### Materials Available for Download:

- PowerPoint Deck  
Use the Communities, Social Justice and Academic Medical Centers Toolkit Guide to provide context of the session, remind participants of the goals and objectives of videos, and to organize the discussion.  
Communities, Social Justice and Academic Medical Centers Video Series:  
The videos may be shown individually or as a series.
  - Community Perspectives
  - Medical Education
  - Clinical Career
  - Biomedical Research
- Reflection Sheet
- Action Planning Sheet
- Additional Resources which can be found at [aamc.org/CEToolkits](http://aamc.org/CEToolkits)


### Tips:



•Prior to showing the videos, consider downloading and copying the videos directly onto the desktop of the computer you will be using to present this content (this assures that you will have access to the videos in the

event that a server goes down. Additionally, the videos will play with less buffering). Direct links to the videos are provided above, choose the SD or HD download option for medium or high quality video respectively. **Post**

## **Video Viewing Follow Up**

- After the group discussion, send a summary of the action steps provided to [healthequityresearch@aamc.org](mailto:healthequityresearch@aamc.org) so your group's ideas can be added to our action list.

Resource	Activities/Notes/Considerations
<p><b>Slide 2</b></p> <div style="border: 1px solid black; padding: 10px;"> <p><b>Session Objectives</b></p> <ul style="list-style-type: none"> <li>• Reflect on the perspectives of Baltimore residents about how the academic medical community can better address the social determinants of health.</li> <li>• Develop an initial list of actions you, your institution or the AAMC can take to engage communities to improve the health and well-being of all.</li> </ul> </div> 	<p><b>Establish Session Objectives and Goals</b></p> <p>Describe the goals for this session. Participants will:</p> <ol style="list-style-type: none"> <li>1. Reflect on the perspectives of Baltimore residents about how the academic medical community can better address the social determinants of health.</li> <li>2. Develop an initial list of actions you and your institution can take to engage communities to improve the health and well-being of all.</li> </ol>
	<p><b>Background and Methods</b></p> <p>The Association of American Colleges (AAMC), in collaboration with Johns Hopkins University the University of Maryland, Baltimore and Baltimore based community groups developed an interview protocol to ask Baltimore city residents their perspectives about their communities' health and how doctors, medical students and researchers can address social determinants and social injustice.</p> <ul style="list-style-type: none"> <li>• After securing informed consent, AAMC interviewed 17 Baltimore residents. The interviewees include community leaders and faith leaders, but the majority are lay people.</li> <li>• These interviews were video recorded, transcribed and edited into 4 topic areas:             <ul style="list-style-type: none"> <li>• Community</li> <li>• Clinical Care</li> <li>• Medical Education</li> <li>• Biomedical Research</li> </ul> </li> </ul>

Resource	Activities/Notes/Considerations
<p><b>Slide 3: Structure and Process</b></p> <p><b>Structure and Process</b>  <b>Videos and Reflection</b></p> <ul style="list-style-type: none"> <li>• While watching the videos, please jot down thoughts and impressions</li> <li>• At the end of each video, volunteers will be asked to share their thoughts and reactions before moving on to the next video</li> <li>• Action Planning and Discussion</li> </ul> 	<p><b>Structure and Process</b></p> <p>Provide a <i>brief</i> overview of what participants will be doing (detailed directions for each segment will be provided below):</p> <p><b>Videos and Reflection</b></p> <ul style="list-style-type: none"> <li>• Note: The videos may be shown individually or as a series. Adjust the language accordingly).</li> <li>• While watching the video(s), please jot down thoughts and impressions</li> <li>• At the end of each video, volunteers will be asked to share their thoughts and reactions on the Reflection Sheet before moving on to the next video</li> <li>• After viewing the video(s), use the action planning sheet</li> </ul>
<p><b>Video 1: Community Perspectives</b></p>	<p>In this video, Baltimore City residents discuss their community and its health.</p>
<p><b>Video 2: Clinical Care</b></p>	<p>In this video, Baltimore City residents discuss what doctors can do about their communities' health.</p>
<p><b>Video 3: Medical Education</b></p>	<p>In this video, Baltimore City residents discuss what medical students should learn about the health of their community.</p>
<p><b>Video 4: Biomedical Research</b></p>	<p>In this video, Baltimore City residents discuss how researchers can better work with communities.</p>
<p><b>Action Planning Sheet</b></p>  <p><b>Action Planning Sheet</b></p>	<p><b>Group Table Work</b></p> <ul style="list-style-type: none"> <li>• Have each table select one spokesperson to summarize the conversation <i>and</i> report out for the group.</li> <li>• Have participants flip over their "Reflection" sheet to find space for action planning.</li> <li>• Ask them to look for opportunities and come up with some possible steps they or their institution or the AAMC can take to address social determinants and health inequities.</li> </ul>