

SAMPLE AGENDAS: Suggested Block Lengths and Activities for Research-Based PME Events

OVERVIEW: These sample agenda presents ways to use the Blocks of Instruction in a Research-Based PME event that lasts one day, one and one-half days, and two full days, respectively. It provides suggested time frames and activities for each Block of Instruction for each event length.

ONE-DAY EVENT:

Block 1: Welcome and Overview

Proposed Time: 1 hour Proposed Activities:

- Conduct a white coat ceremony.
- Admit participants to an MD-PhD program and have them read the Hippocratic Oath.

Block 2: Becoming a Researcher

Proposed Time: 1 hour Proposed Activities:

- Formally present the MD-PhD track and PhD curriculum.
- Distribute the first envelope for this module, participants' student profile for the day, containing information about a fictitious MD-PhD student enrolled at your institution or affiliate.
- Distribute the second envelope for this module, which contains participants' upcoming bill for their education.

Block 3: The Bench-to-Bedside-to-Community Continuum

Proposed Time: 2 hours Proposed Activities:

- Have medical researchers discuss projects in a laboratory setting.
- Encourage hands-on participation. For example, have participants look through microscopes, examine results, and conduct tests. Present the projects in a timeline from early on to close to completion.

Block 4: Medical Research Funding

Proposed Time: 1 hour

Proposed Activities:

- Discuss the process of applying for a National Institutes of Health (NIH) grant and show how competition has increased with the decrease of federal funds.
- Give participants their "NIH Grant Award Letters."

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Block 5: Graduation and Wrap-Up

Proposed Time: 1 hour

Proposed Activities:

- Hold a mini-graduation ceremony, with photographs taken, and present certificates.
- Ask for informal feedback with the group and individually.

ONE-AND-ONE-HALF-DAY EVENT:

Block 1: Welcome and Overview

Proposed Time: 1½ hours Proposed Activities:

- Conduct a white coat ceremony. Admit participants to an MD-PhD program and have them read the Hippocratic Oath.
- Host a roundtable discussion with patients who have benefited from medical research conducted at your institution. Consider including patients from surrounding communities who have participated in, and have benefited from, clinical trials.

Block 2: Becoming a Researcher

Proposed Time: 1 hour Proposed Activities:

- Formally present the MD-PhD track and PhD curriculum.
- Distribute the first envelope for this module, participants' student profile for the day, containing information about a fictitious MD-PhD student enrolled at your institution or affiliate.
- Distribute the second envelope for this module, which contains participants' upcoming bill for their education.
- Have PhD candidates, MD-PhD candidates, and faculty discuss why they chose a research career, as well as their current research interests. Conduct this as a roundtable discussion to promote interaction with the participants.

Block 3: Bench-to-Bedside-to-Community Continuum

Proposed Time: 2 hours Proposed Activities:

- Have medical researchers discuss projects in a laboratory setting.
- Encourage hands-on participation. For example, have participants look through microscopes, examine results, and conduct tests. Present the projects in a timeline from early on to close to completion.



Block 4: Medical Research Funding

Proposed Time: 1 hour

Proposed Activities:

- Give an introductory presentation about the history of NIH-funded medical research and current funding issues. Place special emphasis on how federal budget cuts have limited research opportunities at your institution.
- Discuss the process of applying for an NIH grant and show how competition has increased with the decrease of federal funds.
- Give participants their "NIH Grant Award Letters."

Block 5: Graduation and Wrap-Up

Proposed Time: 1 hour Proposed Activities:

- Present giveaways.
- Hold a mini-graduation ceremony, with photographs taken, and present certificates.
- Present resource notebook, if not previously handed out, and detail methods of follow-up for evaluation and contacting any of the presenters.
- Ask for informal feedback with the group and individually.

TWO-DAY EVENT:

Block 1: Welcome and Overview

Proposed Time: 2 hours Proposed Activities:

- Conduct a white coat ceremony. Admit participants to an MD-PhD program and have them read the Hippocratic Oath.
- Host a roundtable discussion with patients who have benefited from medical research conducted at your institution. Consider including patients from surrounding communities who have participated in, and have benefited from, clinical trials.

Block 2: Becoming a Researcher

Proposed Time: 1½ hours Proposed Activities:

- Formally present the MD-PhD track and PhD curriculum.
- Distribute the first envelope for this module, participants' student profile for the day, containing information about a fictitious MD-PhD student enrolled at your institution or affiliate.
- Distribute the second envelope for this module, which contains participants' upcoming bill for their education.



• Have PhD candidates, MD-PhD candidates, and faculty discuss why they chose a research career, as well as their current research interests. Conduct this as a roundtable discussion to promote interaction with the participants.

Block 3: Bench-to-Bedside Continuum

Proposed Time: 2 hours Proposed Activities:

- Have medical researchers discuss projects in a laboratory setting. Encourage hands-on participation. For example, have participants look through microscopes, examine results, and conduct tests. Present the projects in a timeline from early on to close to completion.
- Host a roundtable discussion with patients who have benefited from medical research conducted at your institution. Consider including patients from surrounding communities who have participated in, and have benefited from, clinical trials.

Block 4: Medical Research Funding

Proposed Time: 1½ hours Proposed Activities:

- Give an introductory presentation about the history of NIH-funded medical research and current funding issues. Place special emphasis on how federal budget cuts have limited research opportunities at your institution.
- Discuss the process of applying for an NIH grant and show how competition has increased with the decrease of federal funds. Give participants their "NIH Grant Award Letters."
- If your institution has a relationship with an area Department of Veterans Affairs (VA) hospital, take a tour of that facility and show how this partnership is leading to cures and improving veteran care. Talk with veterans and showcase veteran-focused research.

Block 5: Graduation and Wrap-Up

Proposed Time: 1 hour

Proposed Activities:

- Present giveaways.
- Hold a mini-graduation ceremony, with photographs taken, and present certificates.
- Present resource notebook, if not previously handed out, and detail methods of follow-up for evaluation and contacting any of the presenters.
- Ask for informal feedback with the group and individually.