

Future Leaders of Academic Medicine — Herbert W. Nickens Faculty Fellowship and Medical Student Scholarships

Honoring individuals who assist medical schools in achieving their diversity objectives and eliminating health care disparities

Learn
Serve
Lead

Learn Serve Lead 2018: The AAMC Annual Meeting • Austin, Texas Monday, November 5, 2018

7-8:30 a.m. • JW Marriott: Lonestar Salon F-G

Association of American Medical Colleges Diversity Policy and Programs

Norma Poll-Hunter, PhD
Senior Director, Human Capital Initiatives

For information about this event or the awards, contact:

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Call for Nominations

2019 Herbert W. Nickens Awards

Honoring individuals who assist medical schools in achieving their diversity objectives and eliminating health care disparities

Accepting Nominations

Herbert W. Nickens Award: October 29, 2018

Herbert W. Nickens Faculty Fellowship: January 2, 2019

Herbert W. Nickens Medical Student Scholarships: January 2, 2019

You are invited to join us as we mark the 20th anniversary of the Herbert W. Nickens Awards. In recognition of the life of Dr. Herbert W. Nickens and his dedication to eliminating health care disparities, we look forward to celebrating his legacy. Plan to join us in Phoenix, Arizona, in November 2019.

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Special Acknowledgments

The AAMC would like to acknowledge the members of the Herbert W. Nickens Award Selection Committees. Thank you for generously contributing your time and energy to the selection of the recipients among so many deserving candidates. This award would not be possible without your support.

We would also like to acknowledge the continued dedication of Dr. Patrice Desvigne-Nickens. Her unwavering support of the award recipients is a true testament to the importance of equality in health care and Dr. Nickens' vision of the future of health care in the United States.

"If our hopes of building a better and safer world are to become more than wishful thinking, we will need the engagement of volunteers more than ever."

— Kofi Annan

About the Herbert W. Nickens Awards

Dr. Herbert W. Nickens' work inspires others today just as much as when he was alive. Nurturing and supporting the aspirations of underrepresented minorities (URMs) was a driving factor in his efforts to increase the numbers of URMs in the medical workforce. This program book recognizes individuals for their contributions to underrepresented racial and ethnic minorities in medicine and supports the efforts our medical institutions are making.

Herbert W. Nickens, MD, MA, was the founding vice president of the Association of American Medical Colleges (AAMC) Division of Community and Minority Programs, what is now the Diversity Policy and Programs unit. Dr. Nickens' passionate leadership contributed greatly to focusing national attention on the need to support underrepresented racial and ethnic minorities in medicine. His efforts resulted in a multitude of programs and initiatives that advanced the career development of minorities in medicine. Dr. Nickens' untimely death on March 22, 1999, was a significant loss to academic medicine.

Herbert W. Nickens: Life and Career

Born on December 28, 1947, in Washington, D.C., Herbert W. Nickens attended John Burroughs Elementary School, Taft Junior High School, and St. Johns College High School before matriculating at Harvard College, where he received his AB degree in 1969. He earned his MD as well as a master of arts degree in sociology from the University of Pennsylvania, graduating in 1973 and earning the university's History of Medicine Prize.

1973 – Dr. Nickens received the Philadelphia Medical Society's Kenneth Appel Award and the Laughlin National Psychiatric Endowment Fund Award.

1974

returned to the University of Pennsylvania as a resident and a Robert Wood Johnson Clinical Scholar.

1975

1975 – Dr. Nickens

1979 – Dr. Nickens accepted an additional position of faculty assistant to the president and the provost at the University of Pennsylvania

1982

1985 – Minority Students in Medical Education: Facts and Figures was created.

1985

1974–1975 – Dr. Nickens interned at Chestnut Hill Hospital in Philadelphia and then completed one year of residency in psychiatry

at Yale University.

1978 – Dr. Nickens was named assistant professor and director of psychiatry emergency services at the University of Pennsylvania.

1978 1979

1982 – Dr. Herbert W. Nickens married Patrice Desvigne on June 26.



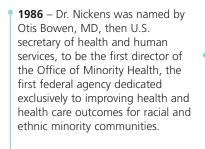
1985 – Dr. Nickens was named director of the Office of Policy, Planning, and Analysis of the National Institute on Aging, a part of the National Institutes of Health (NIH), after serving as deputy chief of the Center on Aging of the National Institute of Mental Health at NIH. Dr. Nickens contributed substantively to a landmark federal report, the eight-volume Report of the Secretary's Task Force on Black and Minority Health: A Summary and a Presentation of Health Data With Regard To Blacks. An in-depth investigation of disparities in key health indicators, the report was released on October 16, 1985, by then U.S. Secretary of Health and Human Services Margaret Heckler, and is often referred to as the "Heckler Report."

HERBERT W. NICKENS AWARDS

Before joining the AAMC, Dr. Nickens was the first director of the Office of Minority Health at the U.S. Department of Health and Human Services. He also served as director of the Office of Policy, Planning, and Analysis of the National Institute on Aging, a part of the National Institutes of Health (NIH), and was deputy chief of the Center on Aging of the National Institute of Mental Health at NIH.

Dr. Nickens received his AB in 1969 from Harvard College and an MD and MA (in sociology) from the University of Pennsylvania in 1973. He served his residency in psychiatry at Yale University and the University of Pennsylvania. At the University of Pennsylvania, he was also a Robert Wood Johnson Clinical Scholar and a member of the faculty of the School of Medicine.

The AAMC established the Herbert W. Nickens Memorial Fund to continue advancing Dr. Nickens' lifelong commitment to supporting the educational, societal, and health care needs of racial and ethnic minorities. The fund supports an annual Nickens award, a faculty fellowship, and five medical student scholarships.



1986

1990 – Start of the Minority Faculty Career Development Seminar 1992 – Start Ac
of the Health (EI
Services Research Institute

1995

1995 – Simulated Minority Admissions Exercise (SMAE)/ Expanded Minority Admissions exercise (EMAE) became Holistic Admissions

• 1999 – Dr. Herbert W. Nickens passed away unexpectedly in March at the age of 51.

1999

1989 1990

1989 – The AAMC formed the Division of Minority Health, Education and Prevention and hired Herbert W. Nickens, MD as vice president. 1991 – Under the leadership of then AAMC President Dr. Robert G. Petersdorf, MD, the AAMC launched Project 3000 by 2000, which was led by Dr. Herbert W. Nickens.

1991 1992



1995 – The Division of Minority Health, Education and Prevention changed its name to Division of Community and

Minority Programs

↓ (DCMP)

1996 – Creation of Health Professional for Diversity (HPD) Coalition

1996





7:15-7:25 a.m. **Opening Remarks: Welcome and Introduction**

Darrell G. Kirch, MD President and CEO

AAMC

7:25-7:40 a.m. **Keynote Speaker**

Ana E. Núñez, MD Professor of Medicine

Associate Dean of Diversity, Equity, and Inclusion

Drexel University College of Medicine

7:40-7:55 a.m. Introduction of National Medical Fellowships Awards

Presenter

Ali Gemma, MPH

Manager, Scholarships and Programs

National Medical Fellowships

Award Recipients

Franklin C. McLean Award

Gianna Ramos

David Geffen School of Medicine at UCLA

William and Charlotte Cadbury Award

Evesha Kenlyn

Morehouse School of Medicine

7:55-8:30 a.m. Herbert W. Nickens Faculty Fellowship and Medical Student

Scholarship Presentations

Presenter

David Acosta, MD

Chief Diversity and Inclusion Officer

AAMC

Award Recipients

Herbert W. Nickens Faculty Fellowship

Marlene Camacho-Rivera, ScD, MPH Assistant Medical Professor CUNY School of Medicine

Herbert W. Nickens Medical Student Scholarships

Tyler K. Carcamo
University of California, Davis, School of Medicine

Catherine Castro
University of Chicago Pritzker School of Medicine

Chad Lewis, MPH
Geisel School of Medicine at Dartmouth

Sang Minh Nguyen University of California, Riverside, School of Medicine

Lawrence Rolle

Keck School of Medicine of the University of Southern California

HERBERT W. NICKENS AWARDS



Ana E. Núñez, MD
Professor of Medicine
Associate Dean of Diversity,
Equity, and Inclusion
Drexel University College
of Medicine

Herbert W. Nickens Award Keynote Speaker

Dr. Núñez is the 2015 recipient of the Herbert W. Nickens Award.

Ana E. Núñez, MD, is a professor of medicine; associate dean of diversity, equity, and inclusion; and director of the National Center of Excellence in Women's Health and Women's Health Education Program at Drexel University College of Medicine in Philadelphia, Pennsylvania.

Dr. Núñez received her training in internal medicine at Hahnemann University, where she completed her residency and chief residency. Her postgraduate training includes fellowships in medical education (Michigan State University), health services research (AAMC/RWJ), and health policy (AAMC/Commonwealth). She also completed a fellowship in Executive Leadership in Academic Medicine (ELAM) at Drexel University.

As a nationally recognized medical education and health services researcher, she has developed novel curricula across the health professional training spectrum and beyond to lay audiences. Her cultural competency curriculum was cited as an exemplar of excellence in the

Institute of Medicine's health disparities report, *Unequal Treatment*. Her curricular expertise includes topics in sex and gender medicine, primary care, trauma/violence prevention, and cultural competence.

She has served as principal investigator on numerous educational and health services grants. Her sex and gender medical education model was awarded funding by the U.S. Department of Education's Fund for Improvement of Postsecondary Education's Disseminating Proven Reforms so she could replicate it nationwide. Her NIH National Heart, Lung, and Blood Institute Academic Career Award for cultural competency education in medical education included sex and gender as well as diverse populations in the model. She has received numerous health services awards for improvement of the lives of women in areas such as those living with HIV/AIDS, intimate partner violence, healthier sexual health lifestyles, barriers for engagement in research, and nutritional advocacy.

Her health services initiative, Coalition for a Healthier Community, funded by a grant from the U.S. Department of Health and Human Services Office on Women's Health, builds on the success of her previous project ASIST2010: Mind, Body, Spirit, Health — The Philadelphia Ujima project. Dr. Núñez created the Philadelphia Ujima model and network with faith-based and social service agencies. Ujima today has 28 organizations working to improve the health of Philadelphians. It engages community organizations and their membership, creates community-embedded lay health ambassadors, promotes individual and group participation and advocacy in health, and aids in health policy changes. Dr. Núñez is collaborating with the University of Utah on a grant from the Patient-Centered Outcomes Research Institute to digitize some of her novel health educational games from the Ujima project.

"Dr. Núñez created the Philadelphia Ujima model and network with faith-based and social service agencies. Ujima today has 28 organizations working to improve the health of Philadelphians."

As associate dean of diversity, equity, and inclusion, Dr. Núñez spearheads an agenda of organizational change and provides leadership to promote excellence in the College of Medicine's mission of quality education and care through augmenting diversity and inclusion with faculty, students, residents, staff, and administrators. She collaborates with and promotes researchers, educators, and community members to address critically needed and practically focused health disparity issues.

Dr. Núñez has received numerous awards. She was one of 50 women leaders in Pennsylvania in the book *Voices*, designed to showcase role models for youth. She has received a number of teaching awards, including a Distinguished Alumni Teaching Award and Health Literacy Fellowship Award. For her work in community service leadership, she has been recognized with Distinguished Leadership Awards and the Vincent Zarro Community Outreach Award. She is a member of Alpha Omega Alpha.

Dr. Núñez is the editor in chief of the journal *Health Equity*. She also serves on the board of Women Against Abuse. She is a general internist. Her research interests include organizational and system change that augments diversity and equity, health promotion/disease prevention, sex/gender health disparities, girls'/women's health, minority health, and culturally effective care.

HERBERT W. NICKENS AWARDS

National Medical Fellowships Awards

To recognize and support the outstanding work of the National Medical Fellowships (NMF), the AAMC honors the 2018 Franklin C. McLean and the William and Charlotte Cadbury Award winners. We are pleased to offer a way to highlight these very deserving recipients.

Franklin C. McLean Award

Instituted in 1968 in memory of the NMF founder and presented during the AAMC annual meeting, this award provides a \$5,000 scholarship to one senior medical student in recognition of outstanding academic achievement, leadership, and community service.



Gianna Ramos, MSW, MPHDavid Geffen School
of Medicine at UCLA

A fourth-year medical student in the PRIME program, a dual-degree program that focuses on preparing future physicians to work in underserved communities, Gianna Ramos received her BA in sociology and a BS in biology from Loyola Marymount University (LMU). Afterward, she taught high school biology in Richmond, California, with Teach for America. She worked in the foster care system, volunteered with the San Francisco AIDS Foundation, and coached high school swimming. While at David Geffen School of Medicine at UCLA, Gianna has served as chair of mentorship of the Latino Medical Student Association, tutored first-year medical students, and started a mentorship program with LMU premed students. She serves as vice chair of NMF's Young Leadership Council and recently completed her dual master's degree program in social work and public health as part of PRIME.

William and Charlotte Cadbury Award

Established in 1977 in honor of NMF's former executive director and his wife, this award provides a \$5,000 scholarship to one senior medical student in recognition of outstanding academic achievement, leadership, and community service.



Evesha Kenlyn, MPHMorehouse School of Medicine

A fourth-year medical student, Evesha Kenlyn received her Master of Public Health from Rollins School of Public Health at Emory University. Currently the Region 2 representative for the NMF Young Leadership Council, she has a history of actively committing to public health, medical research, community service, and helping the underserved. Evesha has served in capacities that positioned her to work with and provide medical services to low-income individuals in metro Atlanta, including creating food prescription and urban farm programs at Good Samaritan Health Center (GSHC) and revamping the new patient program. She has been an NMF Scholar, participating in the NMF Primary Care Leadership Program and United Health Foundation/NMF Diverse Medical Scholars Program. In her public health program, she worked as one of the student leads on several community projects, including a health needs assessment with the Fulton County Department of Health and Wellness and a grant writing project for Safe Kids Fulton County.

HERBERT W. NICKENS AWARDS

Herbert W. Nickens Award

The AAMC established the Herbert W. Nickens Award in 2000 to honor the late Dr. Nickens and his lifelong concerns about the educational, societal, and health care needs of racial and ethnic minorities. The award is given to an individual who has made outstanding contributions to promoting justice in medical education and health equities for people in the United States.

Dr. Nickens believed that a multidisciplinary approach is needed to address inequities in health. Because of this, nominees may come from a wide range of fields, including medicine, dentistry, education, law, nursing, pharmacy, public health, and social and behavioral sciences.



Griffin P. Rodgers, MD, MACPDirector, National Institute of Diabetes and Digestive and Kidney Diseases
National Institutes of Health

Herbert W. Nickens Lecture • Monday, November 5, 1:15-2:30 p.m.
The Economic and Social Imperatives of Disease Prevention:
The Obesity-Diabetes-Kidney Disease Paradigm

Griffin P. Rodgers, MD, MACP, has dedicated his career to eliminating racially based health disparities while creating opportunities for underrepresented minorities within the biomedical workforce.

A New Orleans native, Dr. Rodgers saw three close friends die of sickle cell disease, a tragedy that spurred his desire to become a physician investigator and to eventually help develop the first FDA-approved treatment for the disease.

Today, Dr. Rodgers leads the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), where he manages a \$2 billion annual budget that funds medical research, training, and educational initiatives and inspires a staff of 600 to prevent and alleviate chronic diseases, many of which disproportionately affect minorities.

Embracing a multidisciplinary approach, Dr. Rodgers has contributed to international strides in addressing health disparities in chronic diseases such as diabetes. African-Americans are 70% more likely to be diagnosed with diabetes than non-Hispanic white adults, a gap that Dr. Rodgers has worked to narrow by developing a wide-reaching prevention education campaign. It includes Healthy Moments, a program that airs targeted health messages on selected radio stations across the country. The initiative, now in its 10th year, reaches more than 60 million people annually. For these efforts, Dr. Rodgers earned the NIH Director's Award in 2012.

"African-Americans are 70% more likely to be diagnosed with diabetes than non-Hispanic white adults, a gap that Dr. Rodgers has worked to narrow by developing a wide-reaching prevention education campaign."

In addition to educating the public, Dr. Rodgers has focused on enhancing diversity in the biomedical workforce. Under his leadership, the NIDDK established a diversity-focused partnership between the NIH and the National Medical Association (NMA) that has provided more than 650 travel awards for underrepresented medical researchers and fellows to attend the annual NMA convention. In 2010 and 2017, the NMA awarded Dr. Rodgers its highest honor, the Scroll of Merit, for his contributions to medicine and health advocacy. The NIDDK has also prioritized diversity in its research and research training programs, including high school and undergraduate summer research training programs that have benefited more than 1,000 promising high-risk students.

A sought-after speaker and prolific scholar, Dr. Rodgers' advocacy for diversity and health equity "both within NIH and more broadly has had a tangible social impact," says M. Roy Wilson, MD, president of Wayne State University.

Dr. Rodgers earned his medical degree from Brown University and completed his residency and chief residency in internal medicine at Barnes Hospital and the Washington University School of Medicine in St. Louis. He completed a fellowship in hematology/oncology through a joint program of the NIH with the George Washington University and the Washington Veterans Administration Center. He also earned an MBA from Johns Hopkins University. Dr. Rodgers is a member of the National Academy of Medicine and an elected fellow of the American Association for the Advancement of Science (AAAS) and the Royal College of Physicians (London).

HERBERT W. NICKENS AWARDS

Herbert W. Nickens Faculty Fellowship

This fellowship recognizes an outstanding junior faculty member who has demonstrated leadership in the United States in addressing inequities in medical education and health care; has demonstrated efforts in addressing educational, societal, and health care needs of racial and ethnic minorities; and is committed to a career in academic medicine.



Marlene Camacho-Rivera, ScD, MPH CUNY School of Medicine

As an assistant professor at the CUNY School of Medicine in the Department of Community Health and Social Medicine, Dr. Marlene Camacho-Rivera focuses her research on improving chronic disease self-management in the areas of asthma and cancer within urban minority communities. Her asthma research includes the development, implementation, and evaluation of mobile health technologies and wearable devices to improve asthma education and medication adherence among minority adolescents and adults with asthma. She is a co-investigator on the Bedford-Stuyvesant and Bushwick Cancer Health Impact Program, a community-based survey of health information seeking, use of mobile health applications, and cancer screening beliefs and behaviors among Brooklyn, New York, residents.

As the course director of sociomedical sciences, Dr. Camacho-Rivera teaches minority health and health equity topics through an assets-based framework, incorporating interactive case-based activities and flipped

classroom learning activities, to empower medical students to identify solutions to society's most pressing health issues. She serves as an investigator and faculty mentor within the City College of New York and Memorial Sloan Kettering Partnerships to Advance Cancer Health Equity (PACHE) program. Dr. Camacho-Rivera is currently evaluating the integration of social determinants of health topics within the medical curriculum and serves as the chapter representative within the Social Medicine Consortium's Campaign Against Racism.

"As the child of working-class immigrants from the Dominican Republic and Puerto Rico, she understands not only the physical, social, and economic consequences of health inequities but also the power of individual resilience, social support, and community activism in tackling inequities."

Dr. Camacho-Rivera obtained her bachelor's degree in biology and society from Cornell University and her master's degree in public health from Tufts University School of Medicine. She then obtained her master and doctoral degrees in social epidemiology from the Harvard T.H. Chan School of Public Health as a Harvard Presidential Scholar. During graduate school, Dr. Camacho-Rivera was the recipient of numerous training fellowships from the Health Resources and Services Administration and the NIH. She completed her postdoctoral training in epidemiology at the Feinstein Institute for Medical Research, and as a junior faculty member, Dr. Camacho-Rivera has participated in several training fellowships through the National Heart, Lung, and Blood Institute Programs to Increase Diversity Among Individuals Engaged in Health-Related Research (PRIDE) and the National Hispanic Health Foundation/PCORI Hispanic Patient-Centered Health Research Mentorship.

Born and raised in the East New York neighborhood of Brooklyn, Dr. Camacho-Rivera attributes her passion and commitment to improving minority health and promoting social justice to her parents. As the child of working-class immigrants from the Dominican Republic and Puerto Rico, she understands not only the physical, social, and economic consequences of health inequities but also the power of individual resilience, social support, and community activism in tackling inequities. Dr. Camacho-Rivera finds daily support and motivation in her husband, Dr. Argelis Rivera, a hospitalist practicing in Harlem, New York. She is even more resolute in her commitment to creating a more just world as she raises her 3-year-old son, Idris, and her 1-year-old twins, Evangeline and Donovan.

HERBERT W. NICKENS AWARDS

Herbert W. Nickens Medical Student Scholarships

These awards consist of five scholarships given to outstanding students entering their third year of medical school who have shown leadership in efforts to eliminate inequities in medical education and health care and demonstrated leadership efforts in addressing educational, societal, and health care needs of minorities in the United States.



Tyler K. CarcamoUniversity of California, Davis, School of Medicine

Tyler grew up in Dangriga, Belize, a small, vibrant town, coined the "culture capital," located on the southeastern Caribbean coast. He was raised in a family of 14, including his parents, grandparents, aunts, uncles, and cousins. Although filled with treasures, Belize is stricken by a health care system that often falls short of providing access to adequate health care to its people. Tyler's desire to become a doctor was rooted within the disparities and inequalities of the health care system that haunts Belize.

Tyler was only 12 years old when his family moved to Lancaster, California, with the help of an uncle, for improved access to education and availability of advanced health care for his mother. It was challenging. Tyler had to overcome language and age barriers while attending school and adapt to a completely new culture. The family eventually settled in Bakersfield, California, following his dad's work. Tyler graduated from Bakersfield High School at the age of 16. After high school, he attended California State University, Bakersfield, where he majored in chemistry with a concentration in biochemistry. He spent two years after graduation working as a STEM mentor at the local community college and volunteering for the Outreach Clinic, a nonprofit organization that provides health fairs that offer health screenings, education, and empowerment for the community of Bakersfield.

Tyler is a third-year medical student at UC Davis School of Medicine and part of the San Joaquin Valley PRIME cohort of 2020. At UC Davis, he has served as co-director for Imani Clinic and vice president of outreach for the Student National Medical Association (SNMA) chapter and is currently a chief mentoring officer with MiMentor. Through these experiences and working with classmates, Tyler has provided a culturally sensitive approach to free health care for the black and Latinx community in Oak Park; developed a curriculum that addresses health disparities, such as diabetes and hypertension, affecting Oak Park residents and trained student managers in creating solutions; led webinars on personal statement writing and MCAT test-taking strategies; assisted and coached the first Medical School Readiness Series, an innovative program that supports medical school applicants from disenfranchised and underrepresented communities in the medical school application process; and created several Medical Student for a Day projects designed to empower minority students.

Undecided about which area of medicine he will practice, Tyler believes becoming a physician in the San Joaquin Valley will allow him to provide a universal right everyone deserves: health care. Outside of medicine, his passions are family, music, food, and sports, especially basketball.



Catherine CastroUniversity of Chicago
Pritzker School of Medicine

As the proud daughter of Dominican immigrants who raised her in a culturally vibrant home, Catherine has always felt strong ties to immigrants and communities of color. She grew up in Yonkers, New York, where she witnessed firsthand the challenges minorities in low-resource settings face in obtaining education, employment, and health care. These experiences later shaped her interests as a first-generation college student at the University of Chicago, where she graduated with a Bachelor of Arts in biological sciences. During her

undergraduate studies, she researched breast cancer health care disparities among Latina women and researched cultural competency training programs available for health care providers as a Potter Fellow in Community and Social Medicine. These experiences taught her that research is a powerful tool for health advocacy and motivated her to continue exploring the ways in which research can be used to address health care inequality in historically underserved communities.

After graduation, Catherine's interest in community health motivated her to work as a research coordinator for UChicago's Comprehensive Care Program, a study that integrated hospital medicine and primary care to improve coordination of care, the doctor-patient relationship, and health care outcomes for high-risk Medicare patients. During this time, she also volunteered as a Spanish interpreter at CommunityHealth Clinic, the nation's largest free health clinic for the uninsured.

Catherine is a third-year medical student at the Pritzker School of Medicine (PSOM). In medical school, she has channeled her passion for advocating for marginalized groups into efforts to address disparities in health care and medicine. As co-president of the Latino Medical Student Association, she helped organize on immigrant children's rights and coordinated a campuswide fundraiser that raised \$4,593 in disaster relief in the aftermath of Hurricane Maria and an earthquake in Mexico. She served on the board of the Student National Medical Association and the Health Professions Recruitment and Exposure Program, which allowed her to mentor high school and college students underrepresented in medicine. Finally, Catherine's interest in promoting health equity extends globally; she was awarded a travel fellowship from the American Society for Tropical Medicine and Hygiene and traveled to Panama to carry out congenital toxoplasmosis medical education for her summer research project at PSOM.

Catherine's advocacy through medical service, research, and education reflects her values and the principles that motivate her in medicine. She is grateful to her family and mentors who have made pursuing a medical career possible and helped foster her unwavering compassion for and solidarity with immigrants and minorities. Catherine is interested in a career in pediatrics or child and adolescent psychiatry, which she hopes will enable her to fight against social injustice and effect positive change in the lives of marginalized individuals, communities, and populations of color.

HERBERT W. NICKENS AWARDS



Chad Lewis, MPHGeisel School of Medicine at Dartmouth

Born in San Francisco to a blue-collar family where preventable illness was widespread, Chad lost his father at the age of 9. Raised hearing the stories of his father breaking down racial barriers as a member of the Tuskegee Airmen in World War II, Chad followed in his footsteps and joined the Marines weeks after the attacks on September 11, 2001. While deployed to Iraq's Triangle of Death with the 24th Marine Expeditionary Unit (Crisis Response Force) in 2004, Chad protected civilians from sectarian violence and helped secure Iraq's first democratic elections. Soon after, he provided relief to victims of Hurricane Katrina in New Orleans' St. Bernard Parish and was awarded the Humanitarian Service Medal by the U.S. Department of Defense.

As a sergeant, Chad completed his BS in electronic systems technologies at Southern Illinois University in 2007 and began working as a field engineer for companies such as Boeing and AT&T. Inspired to pursue a career in medicine, Chad began his premedical studies at the University of Arizona. As a recipient of the Andrew F. Pleasant Scholarship for Advanced Studies in Health Literacy and Prevention, Chad managed health promotion programs in low-income communities across the country under the 17th Surgeon General of the United States, Dr. Richard Carmona. He concurrently completed a Master of Public Health at George Washington University in 2016.

Now a third-year medical student, Chad has worked to "pay forward" the mentorship he received after his father's death from his uncle, Bryan York; adoptive brother and physician Dr. Alonzo Grant III; and adoptive uncle and former Marine Eddie Shaw. Chad has helped underrepresented minority (URM) students pursue their dreams with the national nonprofit Mentoring in Medicine, counseled high school students of color experiencing racial discrimination in New Hampshire, and conducted a service project encouraging low-income high school students to pursue STEM-based careers as an Albert Schweitzer Fellow.

Chad served as vice president of the Student National Medical Association (SNMA) at Dartmouth and sat on SNMA's national Board of Directors. He is an Urban Health Scholar, is a founding member of Black Students at Geisel, and was elected to student government as an Office of Diversity, Inclusion, and Community Engagement (DICE) representative. Chad also helped create a health equity task force of medical students and faculty leadership working together to empower professors to design curricula addressing health disparities surrounding poverty, race, gender, and sexual orientation. Based on the task force's success working with Dartmouth's Medical Education Committee, there are plans to expand its scope to include other areas of improvement, such as URM admissions.

Chad's dream is to practice emergency medicine or surgery in an urban, underserved community while continuing to be a leader in the fields of public health and the development of underprivileged youth.



Sang Minh NguyenUniversity of California, Riverside,
School of Medicine

Sang is a third-year medical student at University of California, Riverside, School of Medicine. He was raised in a province in southern Vietnam, and brought to the United States by his parents at the age of 16. His family has always been a source of strong support to help him pursue a career in medicine. As an immigrant, he has transformed his experiences into actions to improve other immigrants' lives and diminish health disparities.

In college, Sang educated the community about the importance of ethnic diversity in bone marrow donation by founding a college organization called Be a Hero/Become a Donor. His team recruited more than 1,000 potential donors for the international bone marrow registry. Pursuing his passion in pediatrics, he then became the executive director of StandUp for Kids, an organization that helps 300 homeless youth, during a two-year fellowship in Washington, D.C. He seized opportunities to increase funding for youth shelters and health care services by working with government agencies. He helped to expand the street outreach program into additional locations with a high number of homeless youth.

In medical school, Sang takes a proactive role in creating interventions to target health barriers at the San Bernardino Free Clinic. He is interested in promoting smoking cessation programs in low-income, high-risk patient populations to help lower the risk of asthma. Within a year, his team presented projects at several national conferences and received funding to support interventions. Sang was also honored to speak at the XVIII Binational Health Week on language barriers to receiving health care among the Hispanic population in San Bernardino County. He organizes a health fair to provide free screening services for underserved patients in the San Bernardino area. In addition, he is a co-founder of the Project Sunshine chapter to bring aromatic therapeutics to pediatric patients at Riverside hospitals.

Along with community service, Sang is passionate about integrating hematology research into his medical career and hopes to develop new therapies for relapsed and refractory cancer patients. He spent summers in college conducting research at different institutions, learning relapsed and refractory mechanisms in leukemia, studying stem cell factors in Wilms tumor, and creating a model for targeting protease inhibitors in breast cancer. Then he worked for two years as a National Cancer Institute/Johns Hopkins University Fellow in the lab of Dr. Terry Fry and published his work in several journals: *Nature Communications, Nature Medicine, Molecular Therapy*, and *Scientific Reports*. His involvement in CD22 chimeric antigen receptor therapeutics led to a 2018 Top 10 Clinical Research Achievement Award.

Sang has received numerous awards from the American Medical Association, Tylenol Foundation National Medical Fellowship, and Leopold Schepp Foundation.

As a future physician, Sang is committed to finding alternative therapeutics for relapsed cancers and to creating sustainable programs to reduce both local and global health disparities.

HERBERT W. NICKENS AWARDS



Lawrence K. RolleKeck School of Medicine of the
University of Southern California

Lawrence, a third-year student physician at the Keck School of Medicine of USC, aspires to change the face of medicine. His passion is to bring out the best in others and to help increase minority representation in the medical community. With an emphasis on visibility and support, he hopes to inspire those around him to achieve their goals.

Lawrence grew up in Atlanta, where the majority minority environment provided him powerful examples of black people exceeding in all fields. Lawrence believes that having a visible example of people who

resemble you and are successful at what you aspire to goes further in visualizing and actualizing goals. Although Lawrence didn't know any black physicians, being that visible example that shows it's possible, despite all odds, is something that fuels him.

Lawrence graduated from the University of Miami in 2016 with a bachelor of science in psychology. While a student there, he focused on helping people who were interested in medicine. He served as a peer advising liaison, President's 100 student ambassador, and community service volunteer. Lawrence also was a member of the university's Student Task Force for Student Concerns, where he advocated for recruiting and retaining minority students. In addition, he served as the president of Brothers Overcoming Negativity and Destruction (BOND), an organization designed to improve the image and leadership skills of minority men on campus and in the community. These experiences catalyzed his passion for mentorship, leadership, and motivating others.

At the Keck School of Medicine of USC, Lawrence has immersed himself in a curriculum that focuses on the importance of medical leadership, social justice, and culturally competent care for underserved communities in Los Angeles. In 2017-2018, he participated in the GE-National Medical Fellowship Primary Care Leadership Program, volunteering at the Watts Health Center, where he worked to improve screening rates for obesity and depression and created obesity resources for patients. As the undergraduate liaison for the Keck School's Student National Medical Association (SNMA) chapter, he helped organize several events as well as a sustainable mentor-mentee program with the Minority Association of Pre-Medical Students (MAPS) and African-Americans in Health chapter at Keck. Recently elected co-president of the medical student body at Keck, he hopes to use the platform to inspire his peers at Keck and beyond to continue to break barriers and lift as they climb.

Lawrence's role models are President Barack Obama and his mother, Tracy Rolle, who beautifully embodies selflessness and servant leadership — qualities he hopes to hone in his journey to medicine. Although he hasn't yet decided on a specialty, Lawrence plans to earn an MBA en route to his medical degree.

Where Are They Now?

Throughout the years, thousands of leaders, faculty, and students have been nominated for the Herbert W. Nickens Awards. The three selection committees dedicate many hours to identifying individuals who exemplify the qualities and professional goals that Dr. Nickens believed in. Over and over, our recipients have proven that the selection committees get it right!

In this section, we highlight past recipients and the outstanding work they continue to do as their careers develop. Their work continues to embody the spirit of the Herbert W. Nickens Award, and we support their efforts and continue to be proud of their accomplishments.



Elizabeth Miller, MD, PhD, FSAHM

Director, Division of Adolescent and Young Adult Medicine

UPMC Children's Hospital of Pittsburgh

Professor of Pediatrics, University of Pittsburgh School of Medicine

Dr. Elizabeth Miller was nominated by the dean at the University of California, Davis, School of Medicine and had the immense privilege of being selected as the 2009 Herbert W. Nickens Faculty Fellowship recipient while serving as assistant professor in pediatrics. At the time, she was immersed in teaching community pediatrics to residents and medical students and leading research on dating and sexual violence prevention. She was also directing medical services at a drop-in center for youth who were unstably housed, continuing her passion for serving youth who are marginalized.

In 2011, Dr. Miller moved to Pittsburgh, Pennsylvania, to direct the Division of Adolescent and Young Adult Medicine at the UPMC Children's Hospital of Pittsburgh. She is now also the Edmund R. McCluskey Endowed Chair in Pediatric Medical Education, professor in pediatrics, public health, and clinical and translational science at the University of Pittsburgh School of Medicine, and director of community and population health at UPMC Children's Hospital of Pittsburgh.

Trained in medical anthropology as well as internal medicine and pediatrics, her research has included examination of sex trafficking among adolescents in Asia, teen dating abuse, and reproductive health, with a focus on underserved youth populations, including pregnant and parenting teens and foster, homeless, and gang-affiliated youth. Her current community-partnered research, funded by the NIH, Centers for Disease Control and Prevention (CDC), U.S. Department of Justice, Office on Women's Health, and foundations, focuses on the impact of gender-based violence on adolescent and young adult health, with an emphasis on reproductive and sexual health. Dr. Miller has participated in numerous legislative hearings related to protecting adolescent confidentiality, adolescent reproductive health, and dating abuse. Her work on reproductive coercion and birth control sabotage has resulted in changes in national clinical practice

guidelines. She is currently testing brief clinical interventions to address partner violence and reproductive coercion in community health care and school health settings. In addition, she is conducting a study, funded by the CDC, of the sexual violence prevention program Coaching Boys into Men, which involves training coaches to talk to their male athletes about stopping violence against women. She is leading a community-partnered neighborhood study, also funded by the CDC, on the effectiveness of the gender-transformative sexual violence prevention program Manhood 2.0, developed by the global health organization Promundo. She has also been involved in projects to reduce gender-based violence and improve women's health in India, Japan, and Kenya.

Dr. Miller led the Community Health and Advocacy Track for the Primary Care Outcomes Research Fellowship while at UC Davis and remains committed to training the next generation of scholars in community-oriented care and research. As a mixed-methods intervention researcher trained in community-based participatory research, she teaches courses in social determinants of health, health disparities, health equity, and culturally and linguistically relevant care, with a focus on underserved populations. She is the lead research faculty mentor for the new Social Medicine Scholars at University of Pittsburgh School of Medicine and is a recipient of the Distinguished Mentor Award from the University of Pittsburgh Institute for Clinical Research Education. She oversees the mentoring of adolescent medicine fellows in clinical and translational research and mentors numerous junior faculty and fellows from affiliated departments in adolescent health and stakeholder-engaged, community-partnered research.

In addition, for the Community PARTners Core of the Clinical and Translational Science Institute of the University of Pittsburgh, which she co-directs, Dr. Miller oversees the training and education of trainees and faculty in community-partnered approaches to translational research. Dr. Miller is committed to training researchers to translate their studies to be relevant for policy and practice and teaches a graduate-level seminar on knowledge translation. Additionally, she works closely with community partners such as community organizations, schools, local health departments, and human services to increase understanding and participation in partnered research. Most recently, she has been asked to lead the planning for a large community-partnered, social and biological determinants of health study, called the Pittsburgh Study, which will address how to support children to be healthy, to thrive, and to reach their academic and life goals.

Dr. Miller continues to receive inspiration from the many community partners she considers as teachers. These partners include youth workers, school nurses, social service agency workers, coaches, teachers, families, and youth themselves who continuously remind her to pay attention to what is at stake and to work toward a more just and equitable society. She receives strength, in particular, from being witness to the incredible strengths and resilience of the young people she has the privilege of serving every day.

HERBERT W. NICKENS AWARDS



Cedrick Dark, MD, MPH, FACEP, FAAEM
Assistant Professor
Medicine-Emergency Medicine
Baylor College of Medicine

Dr. Cedric Dark was the 2003 recipient of the Herbert W. Nickens Medical Student Scholarship while attending medical school at New York University School of Medicine. At the time, he was in leadership for NYU's Black and Latino Students Association, as well as the local chapter of the Student National Medical Association (SNMA), the nation's oldest and largest medical student organization addressing the needs and concerns of medical and premedical students of color. Later, he became the national chair for health policy and legislative affairs at SNMA, helping direct the organization to adopt a statement on universal health care in the early 2000s.

In the years following his receipt of the Nickens scholarship, Dr. Dark obtained a master's degree in health policy and management from the Mailman School of Public Health at Columbia University, gaining firsthand experience while working for the U.S. House of Representatives Ways and Means Committee. While completing residency training in emergency medicine at George Washington University, Dr. Dark served as chief resident and interned with the Kaiser Family Foundation, one of the nation's most respected health policy think tanks, authoring several reports.

During the past 15 years, Dr. Dark's interests have included studying health reform at the intersection with international health systems, educating medical students and clinicians about health policy and health services research, and focusing on broad-based policies that would, by expanding insurance coverage, benefit people of color and those affected most by disparities.

Today, Dr. Dark teaches medical students and residents about the intersection of health policy and clinical practice at Baylor College of Medicine, conducts research on free-standing emergency departments, and manages a team of writers at the PolicyRx.org blog who instruct stakeholders about evidence-based health policy. His vision for America is a health care system focused on continuity, affordability, and access to quality care for all Americans.

Dr. Dark lives with his wife and son and delivers compassionate emergency care to Houston's most vulnerable populations at one of its public hospitals.

Previous Herbert W. Nickens Award Recipients

2017

George C. Hill, PhD

Vanderbilt University School of Medicine

2016

Somnath Saha, MD, MPH
Professor of Medicine
Oregon Health & Science University and Portland
Veterans Affairs Medical Center

2015

Ana E. Núñez, MD
Professor of Medicine
Drexel University College of Medicine

2014

Lisa Cooper, MD, MPH, FACP Johns Hopkins University School of Medicine

2013

Aaron Shirley, MD Jackson Medical Mall Foundation

2012

David Hayes-Bautista, PhD
David Geffen School of Medicine at UCLA

2011

Elijah Saunders, MD, FACC, FACP, FAHA, FASH University of Maryland School of Medicine

2010

Alvin F. Poussaint, MD Harvard Medical School

2009

Jeanne C. Sinkford, DDS, PhD American Dental Education Association

2008

Vivian W. Pinn, MD National Institutes of Health

2007

M. Roy Wilson, MD, MS
University of Colorado at Denver
and Health Sciences Center

2006

Spero M. Manson, PhD University of Colorado at Denver and Health Sciences Center

2005

Joan Y. Reede, MD, MPH, MS Harvard Medical School

2004

Michael V. Drake, MD University of California Systemwide

2003

Anna Cherrie Epps, PhD Meharry Medical College

2002

David Satcher, MD, PhD Morehouse School of Medicine

2001

Lee C. Bollinger, JD University of Michigan

2000

Donald E. Wilson, MD University of Maryland School of Medicine

HERBERT W. NICKENS AWARDS

Previous Herbert W. Nickens Faculty Fellowship Recipients

2017

Risha Irvin, MD, MPH Assistant Professor, Division of Infectious Diseases Johns Hopkins University School of Medicine

2016

Stanley Frencher, MD, MPH
Department of Urology
David Geffen School of Medicine at UCLA

2015

Jed Gonzalo, MD, MSc Assistant Professor of Medicine Assistant Professor of Public Health Sciences Assistant Dean for Health Systems Education Penn State College of Medicine

2014

Roberta Capp, MD, MHS University of Colorado School of Medicine

2013

Philip A. Chan, MD
The Warren Alpert Medical School of Brown University

2012

Olapeju M. Simoyan, MD, MPH, BDS The Commonwealth Medical College

2011

Tumaini Coker, MD, MBA
David Geffen School of Medicine at UCLA

2010

Carmen Peralta, MD University of California, San Francisco

2009

Elizabeth Miller, MD, PhD University of California, Davis, School of Medicine

2008

Marcella Nunez-Smith, MD, MHS Yale School of Medicine

2007

Thomas D. Sequist, MD, MPH Harvard Medical School

2006

Alfredo Quiñones-Hinojosa, MD Johns Hopkins University School of Medicine

2005

Ugo A. Ezenkwele, MD, MPH New York University School of Medicine

2004

Katherine J. Mathews, MD, MPH Washington University School of Medicine

2003

Monica J. Mitchell, PhD University of Cincinnati College of Medicine

2002

Janice C. Blanchard, MD, MPH George Washington University School of Medicine and Health Sciences

2001

Vanessa B. Sheppard, PhD Eastern Virginia Medical School

2000

Charles E. Moore, MD Emory University School of Medicine

Previous Herbert W. Nickens Medical Student Scholarship Recipients

2017

Yvorn Aswad
Charles R. Drew University of
Medicine and Science/David Geffen
School of Medicine at UCLA

Nattaly Greene
Oregon Health & Sciences University

Linda Magaña
Sidney Kimmel Medical College
at Thomas Jefferson University

Nancy Rodriguez, MPH University of California, Davis, School of Medicine

Denisse Rojas Marquez Icahn School of Medicine at Mount Sinai

2016

Kirsten Concha-Moore University of Arizona College of Medicine

Edgar Corona David Geffen School of Medicine at UCLA

Santiago Diaz University of Chicago Pritzker School of Medicine

Kamaal A. Jones Loyola University Chicago Stritch School of Medicine Giselle Lynch Icahn School of Medicine at Mount Sinai

2015

Jessica Buck Weill Cornell Medical College

Maximilian Joseph Vincent Cruz Cooper Medical School of Rowan University

Lucy Ogbu-Nwobodo University of California, Davis, School of Medicine

Jaire Saunders University of California, Riverside, School of Medicine

Mary Tate
Harvard Medical School

2014

Frank Garrett Conyers Harvard Medicine School

Ami E. Kumordzie Stanford University School of Medicine

Alexa M. Mieses Icahn School of Medicine at Mount Sinai Adam J. Milam, PhD Wayne State University School of Medicine

Maria Tobar David Geffen School of Medicine at UCLA

2013

Robert Bonacci Perelman School of Medicine of the University of Pennsylvania

Keith Glover Stanford University School of Medicine

Shermeeka Hogans-Mathews The Florida State University College of Medicine

Tyler Mains
Johns Hopkins University
School of Medicine

Ray Mendez Loyola University Chicago Stritch School of Medicine

2012

Ndang Azang-Njaah University of Chicago Pritzker School of Medicine

Olivia Marie Campa University of California, Davis, School of Medicine

Senyene Eyo Hunter, PhD

University of North Carolina School of Medicine

Elaine Khoong
Washington University

School of Medicine in St. Louis

Alison L. Smith, MPH Mercer University School of Medicine

Brett A. Thomas Florida State University College of Medicine

2011

Monique Chambers University of California, Davis, School of Medicine

Toussaint Mears-Clarke
University of Chicago Division
of the Biological Sciences and
Pritzker School of Medicine

Teresa K.L. Schiff University of Hawaii John A. Burns School of Medicine

LaShon Sturgis, PhD Medical College of Georgia at Georgia Health Sciences University

Martha Tesfalul Johns Hopkins University School of Medicine

Association of American Medical Colleges

2010

Noemi LeFranc Florida State University College of Medicine

Shazia Mehmood
University of Medicine and
Dentistry of New Jersey-Robert
Wood Johnson Medical School

Marizabel Orellana David Geffen School of Medicine at UCLA

Jaime W. Peterson
University of California, San Diego,
School of Medicine

Kara Toles University of California, Davis, School of Medicine

2009

Olatokunbo M. Famakinwa Yale School of Medicine

Yohko Murakami Stanford University School of Medicine

Lisa M. Ochoa-Frongia Mount Sinai School of Medicine

Blayne Amir Sayed Northwestern University Feinberg School of Medicine Lloyd A. Webster University of Medicine and Dentistry of New Jersey-New Jersey Medical School

2008

Aretha Delight Davis Harvard Medical School

HERBERT W. NICKENS AWARDS

Nereida Esparza University of Chicago Pritzker School of Medicine

Tamika E. Smith Northwestern University Feinberg School of Medicine

Jorge A. Uribe University of Pennsylvania School of Medicine

Bryant Cameron Webb Wake Forest University School of Medicine

2007

Christian A. Corbitt University of Texas Health Science Center at San Antonio

Cherie C. Cross

David Geffen School of Medicine
at UCLA

Maria-Esteli Garcia Johns Hopkins University School of Medicine

Marlana M. Li Loyola University Chicago Stritch School of Medicine

Danielle Ku'ulei Potter Creighton University School of Medicine

2006

Nehkonti Adams Eastern Virginia Medical School

Dora C. Castaneda Stanford University School of Medicine

Luis I. Garcia New York University School of Medicine

AeuMuro G. Lake University of Kentucky College of Medicine

Katherine L. Neuhausen **Emory University** School of Medicine

2005

Erik S. Cabral Stanford University School of Medicine

Christopher T. Erb University of Illinois College of Medicine at Urbana-Champaign Harlan B. Harvey University of North Carolina at Chapel Hill School of Medicine

Osita I. Onugha David Geffen School of Medicine at UCLA

Sloane L. York Eastern Virginia Medical School

2004

Nicolas L. Cuttriss George Washington University School University of Alabama of Medicine and Health Sciences

Joy Hsu University of California, San Francisco, School of Medicine

Angela Chia-Mei Huang Brody School of Medicine at East Carolina University

Risha R. Irby

Harvard Medical School

Richard M. Vidal University of Pennsylvania School of Medicine

2003

Cedric Dark New York University School of Medicine

Francine E. Garrett

Albert Einstein College of Medicine of Yeshiva University

David Montgomery, PhD Northwestern University Feinberg School of Medicine

Johnnie J. Orozco University of Washington School of Medicine

Nicholas J. Smith School of Medicine

2002

Aimalohi A. Ahonkhai Johns Hopkins University School of Medicine

Lukejohn W. Day Stanford University School of Medicine

Tarayn A. Grizzard Harvard Medical School Alejandrina I. Rincón University of California, San Francisco, School of Medicine

David T. Robles University of Colorado School of Medicine University of Southern California Keck School of Medicine

HERBERT W. NICKENS AWARDS

2001

Alberto Mendivil University of Utah School of Medicine

Constance M. Mobley Vanderbilt University School of Medicine

Chukwuka C. Okafor **Boston University** School of Medicine

Sheneika M. Walker University of North Carolina at Chapel Hill School of Medicine

Melanie M. Watkins Stanford University School of Medicine

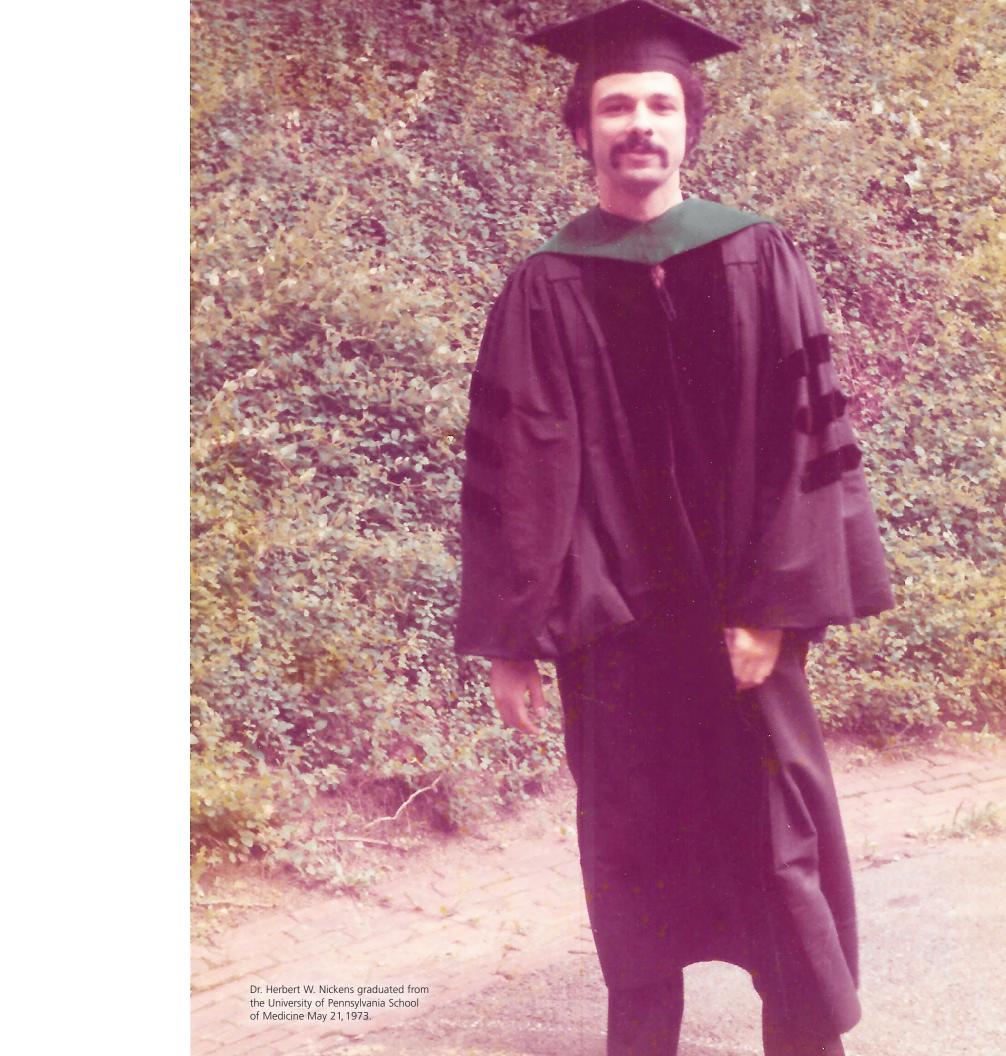
2000

Opeolu M. Adeoye University of Pittsburgh School of Medicine

Diana I. Bojorquez Yale School of Medicine Jim F. Hammel Harvard Medical School

Yolandra Hancock University of California, Los Angeles, Medical School

Sonia Lomeli University of California, San Francisco, School of Medicine





Want to make a difference? Make a contribution!

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