



AAMC

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Key Resources for Medical Students

Compiled by the Organization of Student
Representatives (OSR) National Committee for
Communications

Association of
American Medical Colleges

Key Resources for Medical Students

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National Committee for Communications**

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This document was created by the Organization of Student Representatives (OSR) and is intended as a helpful guide for medical students as they move through their career. All content reflects the views of the OSR and does not reflect the official position or policy of the Association of American Medical Colleges unless clearly specified.

The Association of American Medical Colleges serves and leads the academic medicine community to improve the health of all. www.aamc.org

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Administrative Board of the Organization of Student Representatives

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Key AAMC and OSR Resources for Medical Students by Year

M1

Hone your **Study Skills** as you start out in your first year.

<https://storify.com/AAMCtoday/studymed>

Access this database for a broad view of **Research and Training Opportunities** that can supplement your medical school education.

<https://students-residents.aamc.org/attending-medical-school/research-and-training-opportunities/>

AAMC's Financial Information, Resources, Services, and Tools (FIRST) site provides fact sheets for your **Most Common Money Questions**, including the **Medloans Calculator**.

<https://students-residents.aamc.org/financial-aid/article/first-fact-sheets/>

Need to **Make Up a Course**? This directory helps students find summer coursework at LCME accredited US medical schools.

<https://students-residents.aamc.org/attending-medical-school/article/summer-makeup-course-directory/>

Ask our experts: what should I do with my **Summer between M1 and M2**?

<https://www.aamc.org/cim/specialty/skillsandexperiences/educationalexperience/338024/summervacation.html>

Consider scheduling of **Elective Opportunities** at AAMC-member medical schools in the United States.

<https://students-residents.aamc.org/attending-medical-school/electives-and-make-courses/>

Review the **AAMC FACTS tables** for comprehensive and objective data on U.S. medical school applicants, matriculants, enrollment, graduates, Electronic Residency Application Service (ERAS) applicants, and MD/PhD students.

<https://www.aamc.org/data/facts/>

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M2

Explore data on salary, satisfaction, and day-to-day life in specialties that interest you, then take quizzes to help you find your best specialty fit with **Careers in Medicine (CiM)**.

<https://www.aamc.org/cim/specialty/>

Ask the experts: how can I find and work with a **Mentor**?

<https://students-residents.aamc.org/choosing-medical-career/ask-the-experts/ask-experts-finding-and-working-mentor/>

Conduct **Informational Interviews** or participate in **Preceptorships**.

<https://www.aamc.org/cim/career/professionaldevelopment/networking/339744/informationalinterviews.html>

Study for and take **USMLE Step 1**.

<http://www.usmle.org/step-1/>

Need to **Take a Break** from your medical school education for research, additional degrees, or special/family circumstances?

<https://students-residents.aamc.org/financial-aid/article/taking-break-your-medical-education/>

Plan your **Third Year Schedule**.

<https://www.aamc.org/cim/career/professionaldevelopment/networking/339744/informationalinterviews.html>

Review **Awards and Grants** for medical students.

<https://www.aamc.org/initiatives/awards/nickens-student/#.UswYPVO-X3I>

Begin to consider the **Cost of Applying for Residency**.

https://www.aamc.org/services/first/first_factsheets/94396/cost_of_applying_for_medical_residency.html

As you head into your clinical years, read **Inspiring Stories** of your fellow medical students.

<https://students-residents.aamc.org/choosing-medical-career/medical-careers/inspiring-stories/>

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M3

Need some help **Surviving Clerkships**? Log likes, dislikes, and whether the rotation interested you in the specialty.

https://aamc-orange.global.ssl.fastly.net/production/media/filer_public/b1/44/b144328e-ab3b-4dc4-9ac8-ba453bcf7e57/clinicalrotationevaluation.pdf

Learn more about the process of applying to residency with **ERAS for Third Year Students**.

<https://students-residents.aamc.org/attending-medical-school/how-apply-residency-positions/applying-residencies-eras/>

During M3 year, you'll begin scheduling M4 away, or "audition," rotations, if you choose to do them, using the **Visiting Student Application Service (VSAS)**.

<https://students-residents.aamc.org/attending-medical-school/electives-and-make-courses/applying-away-electives-vsas/>

If you're wondering how to start preparing for away, or "audition," rotations, check out this

Overview of M4 Sub-Internships.

<https://www.aamc.org/cim/specialty/skillsandexperiences/clinicalexperience/347704/auditionelectives.html#>

Here are some tips for requesting **Letters of Recommendation** as you plan for M4.

<https://www.aamc.org/cim/residency/application/applying/340070/lettersofrecommendation.html#>

After your core M3 clerkships are over and your M4 sub-internships are complete, you might consider a **Global Health Elective**.

<https://students-residents.aamc.org/attending-medical-school/electives-and-make-courses/global-health-learning-opportunities-ghlo/>

Research residency training programs through the American Medical Association's (AMA) **FREIDA Online**.

<http://www.ama-assn.org/ama/pub/education-careers/graduate-medical-education/freida-online.page>

Complete the Specialty Indecision Scale if you're having trouble **Deciding on a Specialty**.

<https://apps.aamc.org/cim-assessments/#/assessments/SIS>

Prepare for **Step 2 CK** and **Step 2 CS**.

<http://usmle.org/step-2-ck/>

<http://usmle.org/step-2-cs/>

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MS4

ERAS: The all-important residency application, unpacked and explained.

<https://students-residents.aamc.org/attending-medical-school/how-apply-residency-positions/applying-residencies-eras/>

The **Residency Application Timeline** gives you a big-picture view on M4 year.

https://aamc-orange.global.ssl.fastly.net/production/media/filer_public/bc/cd/bccdf5e0-b858-475e-b9b5-77fe7b70d88b/residency_timeline.pdf

How many **Residency Programs** should I apply to, and how should I make my **Match** list?

Here are some initial strategies.

<https://www.aamc.org/cim/residency/application/applying/338490/howmanyprograms.html>

<https://www.aamc.org/cim/residency/programs/researchingprograms/338488/craftingprogramlist.html>

Interview with residency programs.

<https://www.aamc.org/cim/residency/application/interviewing/339070/schedulinginterviewtrail.html#>

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It can be difficult to objectively compare residency programs in M4 year: take a look at this guide for **How to Assess Programs on the Interview Trail**.

https://aamc-orange.global.ssl.fastly.net/production/media/filer_public/18/54/1854e71c-2818-4a4f-86e1-188648fde1f1/residencyquestions.pdf

Register with the **National Resident Matching Program (NRMP)** for the Main Residency Match.

Register for **early Match** programs, if applicable.

<http://www.nrmp.org/>

<http://www.nrmp.org/match-process/how-to-register-for-a-match/>

During Match week, unmatched and partially matched students can use the **Supplemental Offer and Acceptance Program (SOAP)** to try for an unfilled residency spot.

<http://www.nrmp.org/residency/soap>

After medical school loans and financial aid, residency offers a new set of financial challenges.

Here are some tips on **Money Management** for the soon-to-be resident.

<https://students-residents.aamc.org/training-residency-fellowship/managing-your-medical-career/handling-finances-during-residency/>

https://www.saltmoney.org/register/index.html?WT.mc_id=PA-AAMC-V&oe=444462&br=00

Many **Loan Repayment** options exist for students applying to residencies in primary care specialties.

<http://www.nhsc.hrsa.gov/loanrepayment/studentstoserviceprogram/>